


# Eastern Nebraska Office on Aging

## Deli Menu

### April 2017

<b>Monday 4/3/2017</b>	<b>Tuesday 4/4/2017</b>	<b>Wednesday 4/5/2017</b>	<b>Thursday 4/6/2017</b>	<b>Friday 4/7/2017</b>
Ham, Turkey, Cheddar & Egg Chef Salad/Dressing Orange Juice Wheat Roll/Margarine Peaches 1% or Skim Milk	Tuna Salad on a Kaiser Bun w/ Lettuce & Tomato Pineapple Slaw Fresh Fruit 1% or Skim Milk	Roast Beef & Cheddar Chef Salad/Dressing Grape Juice Dinner Roll/Margarine Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Oriental Chicken Salad w/ Oriental Salad Dressing Apple Juice Saltine Crackers (2 packs) Pineapple Tidbits 1% or Skim Milk	Sliced Ham & Cheese on Multi Grain Bread (2 sl) w/ Lettuce & Tomato Herb Potato Salad Brownie or Diet Cookies 1% or Skim Milk
<b>Monday 4/10/2017</b>	<b>Tuesday 4/11/2017</b>	<b>Wednesday 4/12/2017</b>	<b>Thursday 4/13/2017</b>	<b>Friday 4/14/2017</b>
Tuna Salad on Wheat Bread (2 sl) w/ Lettuce & Tomato Garden Cottage Cheese Salad Fresh Fruit 1% or Skim Milk	Roast Beef & Provolone Cheese on Rye Bread (2 sl) w/ Lettuce & Tomato Pickled Beets Chocolate Swirl Pudding or Diet Pudding 1% or Skim Milk	Ham, Turkey, Cheddar & Egg Chef Salad/Dressing Grape Juice Wheat Roll/Margarine Easter Cake or Plain Cake 1% or Skim Milk  <b>Happy Easter</b>	Krab Macaroni Salad Green Pea Salad Tomato Wedges Wheat Bread /Margarine Mandarin Oranges 1% or Skim Milk	Turkey Garden Cranberry Salad Apple Juice Waverly Crackers (2 packs) Applesauce 1% or Skim Milk
<b>Monday 4/17/2017</b>	<b>Tuesday 4/18/2017</b>	<b>Wednesday 4/19/2017</b>	<b>Thursday 4/20/2017</b>	<b>Friday 4/21/2017</b>
Turkey & Monterey Jack Chef Salad/Dressing Apple Juice Saltine Crackers (2 packs) Vanilla Pudding or Diet Pudding 1% or Skim Milk	Ham Macaroni Salad Green Bean Salad Cucumber Tomato Salad Waverly Crackers (2 packs) Sugar Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Swiss on Wheat Bread (2 slices) w/ Lettuce & Tomato Coleslaw Warm Lemon Cake or Peaches 1% or Skim Milk	Chicken Salad w/ Taco Vinaigrette Orange Juice Wheat Roll/Margarine Ambrosia Salad or Fruit Cocktail 1% or Skim Milk	Smoked Turkey & Monterey Jack Cheese on Ciabatta Bun (1/2) w/ Lettuce & Tomato Quinoa Pepper Salad Sliced Pears 1% or Skim Milk
<b>Monday 4/24/2017</b>	<b>Tuesday 4/25/2017</b>	<b>Wednesday 4/26/2017</b>	<b>Thursday 4/27/2017</b>	<b>Friday 4/28/2017</b>
Pecan Crusted Chicken Salad Grape Juice Wheat Roll/Margarine Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Dijon Chicken Salad on a Croissant w/ Lettuce & Tomato Green Pea Salad Fresh Fruit 1% or Skim Milk	Turkey & Cheddar Chef Salad/Dressing Apple Juice Saltine Crackers (2 packs) Butterscotch Pudding or Diet Pudding 1% or Skim Milk	Egg Salad on Wheat Bread (2) Lettuce & Tomato Carrot Raisin Salad Applesauce 1% or Skim Milk	Roast Beef & Swiss on a Kaiser Roll Lettuce & Tomato Beet Salad Tropical Fruit 1% or Skim Milk

\*Salad Dressing and Condiments available at senior centers

Menus may be subject to change



April Showers Bring May Flowers

