

**Eastern Nebraska Office on Aging
Meals on Wheels Menu
April 2017**

Monday 4/3/2017	Tuesday 4/4/2017	Wednesday 4/5/2017	Thursday 4/6/2017	Friday 4/7/2017
King Ranch Chicken Casserole Baked Potato Green Beans Wheat Roll/Margarine Peaches Sour Cream 1% Milk	Meatloaf w/ Brown Gravy Whipped Potatoes Broccoli Wheat Bread/Margarine Fresh Fruit 1% Milk	Pork with Supreme Sauce Baked Sweet Potato Mixed Vegetables Dinner Roll/Margarine Peanut Butter Cookie 1% Milk	Bierock Casserole Baby Carrots Harvard Beets Pineapple Tidbits 1% Milk	Potato Crusted Fish Au Gratin Potatoes Green Peas Multi Grain Bread/Marg. Brownie Tartar Sauce 1% Milk
Monday 4/10/2017	Tuesday 4/11/2017	Wednesday 4/12/2017	Thursday 4/13/2017	Friday 4/14/2017
Country Fried Steak w/ Country Gravy Mashed Red Potatoes Succotash Biscuit/Margarine Fresh Fruit 1% Milk	Chicken & Dumplings Garlic Cream Spinach Sliced Carrots Cornbread Muffin/Margarine Chocolate Swirl Pudding 1% Milk	Roast Beef w/ Brown Gravy Whipped Potatoes Broccoli with Cheese Sauce Wheat Roll/Margarine Easter Cake 1% Milk <i>Happy Easter</i>	Fiesta Chicken Fiesta Rice Fiesta Vegetables Wheat Bread/Margarine Mandarin Oranges 1% Milk	10 Grain Pollock Cheesy Whipped Potatoes Mixed Vegetables Wheat Roll/Margarine Applesauce Tartar Sauce 1% Milk
Monday 4/17/2017	Tuesday 4/18/2017	Wednesday 4/19/2017	Thursday 4/20/2017	Friday 4/21/2017
Roast Pork with Gravy Whipped Potatoes Brussels Sprouts Wheat Roll/Margarine Vanilla Pudding 1% Milk	Beef Taco Meat Mexican Rice Mixed Beans Shred Ch, Lettuce & Tomato Taco Sauce Flour Tortilla Sugar Cookie 1% Milk	Savory Apricot Chicken Macaroni & Cheese Warm Lemon Cake Tossed Salad/Dressing Wheat Bread/Margarine 1% Milk	Glazed Ham Scalloped Potatoes Mixed Vegetables Wheat Roll/Margarine Ambrosia Salad 1% Milk	Hamburger Patty Baked Beans Whole Kernel Corn Lettuce & Tomato Hamburger Bun Sliced Pears 1% Milk
Monday 4/24/2017	Tuesday 4/25/2017	Wednesday 4/26/2017	Thursday 4/27/2017	Friday 4/28/2017
Swedish Meatballs Bow Tie Pasta Broccoli Wheat Roll/Margarine Chocolate Chip Cookie 1% Milk	Breaded Pollock Potato Wedges Harvard Beets Hamburger Bun Fresh Fruit Tartar Sauce 1% Milk	Polish Sausage Sauerkraut Red Potatoes Baby Carrots Dinner Roll/Margarine Butterscotch Pudding 1% Milk	Swiss Steak Baked Sweet Potato Garlic Cream Spinach Cornbread Muffin/Margarine Applesauce 1% Milk	Turkey Breast w/ Turkey Gravy Whipped Potatoes Green Peas Wheat Bread/Margarine Tropical Fruit 1% Milk

Menus may be subject to change

