

# Eastern Nebraska Office on Aging

## Deli Menu

### August 2017

	<b>Tuesday</b> <b>8/1/2017</b>	<b>Wednesday</b> <b>8/2/2017</b>	<b>Thursday</b> <b>8/3/2017</b>	<b>Friday</b> <b>8/4/2017</b>
	Italian Chicken Salad on Croissant w/ Shred Lettuce & Tomato Cowboy Caviar Fruit Cake or Plain Cake 1% or Skim Milk	Meat Trio Sandwich Turkey, Ham, Roast Beef Cheddar & Swiss Cheese on Wheat Bread(2 sl) Pasta Salad Pear Slices 1% or Skim Milk	Classic Chef Salad/Dressing Turkey, Ham & Sliced Egg American & Swiss Cheese 100% Cranberry Juice Crackers (2pkg) Mandarin Oranges 1% or Skim Milk	Sliced Roast Ham & American Cheese on Ciabatta Bun w/ Lettuce & Tomato Potato Salad Lemon Bar or Diet Cookies 1% or Skim Milk
<b>Monday</b> <b>8/7/2017</b>	<b>Tuesday</b> <b>8/8/2017</b>	<b>Wednesday</b> <b>8/9/2017</b>	<b>Thursday</b> <b>8/10/2017</b>	<b>Friday</b> <b>8/11/2017</b>
Roast Beef, Swiss Cheese, Lettuce & Tomato Wrap Broccoli Salad Tropical Fruit 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Three Bean Salad Plum Halves 1% or Skim Milk	Turkey Chef Salad/Dressing Turkey & Sliced Egg American & Swiss Cheese 100% Apple Juice Cinnamon Raisin Bread/Marg Decorated Birthday Cake or Plain Cake 1% or Skim Milk	Sliced Ham & Cheddar Cheese on Wheat Bread(2sl) w/ Lettuce & Tomato Herb Roasted Potato Salad Coleslaw Emerald Pears 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing and Housemade Croutons 100% Orange Juice Cinnamon Applesauce 1% or Skim Milk
<b>Monday</b> <b>8/14/2017</b>	<b>Tuesday</b> <b>8/15/2017</b>	<b>Wednesday</b> <b>8/16/2017</b>	<b>Thursday</b> <b>8/17/2017</b>	<b>Friday</b> <b>8/18/2017</b>
Ham Salad on on Marble Rye Bread(2sl) w/ Shred Lettuce & Tomato California Pasta Salad Sliced Apricots 1% or Skim Milk	Turkey & Cheddar Cheese Chef Salad/Dressing 100% Cranberry Juice Crackers(2pkg) Fruit Cocktail 1% or Skim Milk	Tuna Salad on a Hoagie Bun Carrot Raisin Salad Three Bean Salad Fresh Fruit 1% or Skim Milk	Creamy Crab & Baby Shrimp Macaroni Salad on Shredded Lettuce w/ Tomato Wedges Crackers(2pkg) Peanut Butter or Diet Cookies 1% or Skim Milk	Sliced Ham & American Cheese on Ciabatta bun w/ Lettuce & Tomato Sweet Potato Salad Cherry Cobbler or Sliced Peaches 1% or Skim Milk
<b>Monday</b> <b>8/21/2017</b>	<b>Tuesday</b> <b>8/22/2017</b>	<b>Wednesday</b> <b>8/23/2017</b>	<b>Thursday</b> <b>8/24/2017</b>	<b>Friday</b> <b>8/25/2017</b>
Egg Salad on on Vienna Bread(2sl) Cucumber & Onion Salad Carrot Chips & Ranch Dip Pineapple Tidbits 1% or Skim Milk	Fiesta Beef Taco Salad Roast Corn & Black Bean Relish w/Cilantro Lime Ranch Dressing and Sour Cream Tortilla Chips 100% Apple Juice Fresh Fruit 1% or Skim Milk	Cobb Salad with Lettuce, Bacon, Eggs, Diced Chicken, Diced Ham & Crumbled Bleu Cheese Pumpkin Bread/Marg Strawberry Shortcake or Plain White Cake 1% or Skim Milk	Classic Chef Salad/Dressing Roast Beef, Ham, American & Swiss Cheese, Diced Egg 100% Grape Juice Crackers(2pkg) Cinnamon Apples 1% or Skim Milk	Sliced Turkey & Cheddar Cheese on Wheat Bread(2sl) w/ Lettuce & Tomato Green Bean Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk
<b>Monday</b> <b>8/28/2017</b>	<b>Tuesday</b> <b>8/29/2017</b>	<b>Wednesday</b> <b>8/30/2017</b>	<b>Thursday</b> <b>8/31/2017</b>	
Denver Omelet Salad Ham, Bacon, Green Peppers, Onion, Egg, Cheddar Cubes over Chopped Lettuce Wheatberry Roll/Marg Strawberry Applesauce 1% or Skim Milk	Creamy Crab Meat and Cheese Tortellini Pasta Salad Homestyle Potato Salad Crackers(2pkg) Pear Slices 1% or Skim Milk	Fiesta Chicken Salad Wrap Corn & Black Bean Relish Lettuce & Tomato and Chipotle Mayonaise Diced Peaches 1% or Skim Milk	Pecan Cranberry Chicken Salad with Red Grapes on Cinnamon Raisin Bread(2sl) Broccoli Florettes w/ Ranch Dip Jello Poke Cake or Diet Jello Cake 1% or Skim Milk	

\*Salad dressing and Condiments available at senior centers

Menus may be subject to change