



Eastern Nebraska Office on Aging

Deli Menu

June 2017



 			Thursday 6/1/2017	Friday 6/2/2017
				Roast Beef & Swiss on a Kaiser Roll w/ Lettuce & Tomato Beet Salad Tropical Fruit 1% or Skim Milk
Monday 6/5/2017	Tuesday 6/6/2017	Wednesday 6/7/2017	Thursday 6/8/2017	Friday 6/9/2017
Tuna Mac Salad Corn Relish Salad Tomato Wedges Saltine Crackers (2 packs) Fresh Fruit 1% or Skim Milk	Turkey & Monterrey Jack Chef Salad/Dressing Orange Juice Garlic Breadstick Cinnamon Applesauce 1% or Skim Milk	Sliced Ham & Cheddar on Rye Bread (2 sl) w/ Lettuce & Tomato Three Bean Salad Peaches 1% or Skim Milk	Sliced Turkey & Provolone on 1/2 Ciabatta Bun w/ Lettuce & Tomato Broccoli Slaw Carnival Cookie or Diet Cookies 1% or Skim Milk	Chicken Caesar Sld w/ Caesar Dressing Grape Juice Waverly Crackers (2 packs) Warm Chocolate Cake or Apples Slices 1% or Skim Milk
Monday 6/12/2017	Tuesday 6/13/2017	Wednesday 6/14/2017	Thursday 6/15/2017	Friday 6/16/2017
Ham, Turkey, Cheddar & Egg Chef Salad/Dressing Orange Juice Wheat Roll/Margarine Fresh Fruit 1% or Skim Milk	Roast Beef & Provolone Chef Salad/Dressing Grape Juice Dinner Roll/Margarine Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Sliced Ham & Cheddar on Multi Grain Bread (2 sl) w/ Lettuce & Tomato Herb Potato Salad Birthday Cake or Plain Cake 1% or Skim Milk	Tuna Salad on a Kaiser Bun w/ Lettuce & Tomato Pineapple Slaw Pears 1% or Skim Milk	Oriental Chicken Salad w/ Oriental Salad Dressing Apple Juice Saltine Crackers (2 packs) Peach Crisp or Peaches 1% or Skim Milk
Monday 6/19/2017	Tuesday 6/20/2017	Wednesday 6/21/2017	Thursday 6/22/2017	Friday 6/23/2017
Krab Macaroni Salad Green Pea Salad Tomato Wedges Saltine Crackers (2 packs) Fresh Fruit 1% or Skim Milk	Tuna Salad on Wheat Bread (2 sl) w/ Lettuce & Tomato Garden Cottage Cheese Salad Cinnamon Apples 1% or Skim Milk	Roast Beef & Provolone on Rye Bread (2 sl) w/ Lettuce & Tomato Pickled Beets Chocolate Swirl Pudding or Diet Pudding 1% or Skim Milk	Turkey Garden Cranberry Salad Grape Juice Wheat Roll/Margarine Oreo Cookies or Diet Cookies 1% or Skim Milk	Ham & Cheddar Chef Salad/Dressing Apple Juice Waverly Crackers (2 packs) Mandarin Oranges 1% or Skim Milk
Monday 6/26/2017	Tuesday 6/27/2017	Wednesday 6/28/2017	Thursday 6/29/2017	Friday 6/30/2017
Chicken Salad w/ Taco Vinaigrette Orange Juice Wheat Roll/Margarine Pineapple Tidbits 1% or Skim Milk	Ham Macaroni Salad Green Bean Salad Cucumber Tomato Salad Waverly Crackers (2 packs) Sugar Cookie or Diet Cookies 1% or Skim Milk	Smoked Turkey Breast & Monterey Jack Cheese on 1/2 Ciabatta Bun w/ Lettuce & Tomato Quinoa Pepper Salad Ambrosia or Fruit Cocktail 1% or Skim Milk	Sliced Ham & Swiss on Wheat Bread (2 sl) w/ Lettuce & Tomato Coleslaw Warm Lemon Cake or Peaches 1% or Skim Milk	Turkey & Cheddar Chef Salad/Dressing Apple Juice Saltine Crackers (2 packs) Pears 1% or Skim Milk



*Salad dressing and Condiments available at senior centers

Menus may be subject to change