

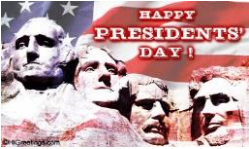


Eastern Nebraska Office on Aging

Deli Menu

February 2018

				<p align="center">Thursday 2/1/2018</p> <p>Deli Chicken & Cheese on Vienna Bread w/ Lettuce & Tomato Sweet Potato Salad Fresh Fruit 1% or Skim Milk</p>	<p align="center">Friday 2/2/2018</p> <p>Creamy Crabby & Baby Shrimp Macaroni Salad on Tossed Salad Mix Tomato Wedges Crackers(2pkg) Fruited Geletin or Diet Fruited Geletin 1% or Skim Milk</p>
<p align="center">Monday 2/5/2018</p> <p>Tuna Salad on Croissant w/ Lettuce & Tomato 3 Bean Salad Brownie or Diet Cookies 1% or Skim Milk</p>	<p align="center">Tuesday 2/6/2018</p> <p>Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes & Black Olives and Housemade Croutons Cinnamon Apples 1% or Skim Milk</p>	<p align="center">Wednesday 2/7/2018</p> <p>Ham Salad on Pita Bread w/ Shred Lettuce & Tomato California Pasta Salad Fresh Fruit 1% or Skim Milk</p>	<p align="center">Thursday 2/8/2018</p> <p>Teriyaki Chicken Strips Shredded Carrots & Chow Mein Noodles over Tossed Salad Mix/Asian Drsg Crackers(2pkg) 100% Apple Juice Peanut Butter Cookie or Diet Cookies 1% or Skim Milk</p>	<p align="center">Friday 2/9/2018</p> <p>Roast Beef Chef Salad Sliced Roast Beef & Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers(2pkg) 100% Fruit Punch Cranapplesauce or Plain Applesauce 1% or Skim Milk</p>	
<p align="center">Monday 2/12/2018</p> <p>Sliced Turkey and Cheddar or Ciabatta Bun w/ Lettuce & Tomato Three Bean Salad Oatmeal Raisin Cooke or Diet Cookies 1% or Skim Milk</p>	<p align="center">Tuesday 2/13/2018</p> <p>Classic Chicken Salad on Wheat Bread (2sl) w/ Lettuce & Tomato Carrot Raisin Salad Peaches 1% or Skim Milk</p>	<p align="center">Wednesday 2/14/2018</p> <p>Roast Beef Chef Salad Roast Beef & Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers(2pkg) Orange Juice Decorated Birthday Cake or Plain cake 1% or Skim Milk <i>Ash Wednesday</i></p>	<p align="center">Thursday 2/15/2018</p> <p>Ham Chef Salad Ham Strips, Sliced Egg American & Swiss Cheese over Tossed Salad Mix Crackers(2pkg) 100% Grape Juice Pineapple Rings 1% or Skim Milk</p>	<p align="center">Friday 2/16/2018</p> <p>Turkey, Ham & American Cheese on a Hoagie Bun w/ Lettuce & Tomatoes Potato Salad Fruit Mix 1% or Skim Milk</p>	
<p align="center">Monday 2/19/2018</p>  <p align="center">Senior Centers Closed</p>	<p align="center">Tuesday 2/20/2018</p> <p>Egg Salad Sandwich on Croissant w/ Lettuce & Tomato Coleslaw Fresh Fruit 1% or Skim Milk</p>	<p align="center">Wednesday 2/21/2018</p> <p>Grilled Fajita Chicken Strips Diced Red & Green Peppers over Romain Lettuce with Chunky Salsa & Tortilla Chips 100 % Fruit Punch Spiced Pears 1% or Skim Milk</p>	<p align="center">Thursday 2/22/2018</p> <p>Turkey Chef Salad Turkey & Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers(2pkg) Apple Juice Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk</p>	<p align="center">Friday 2/23/2018</p> <p>Roast Beef & Cheese on Wheat Bread(2sl) w/ Lettuce and Tomato Cheesy Macaroni Salad Mandrin Oranges 1% or Skim Milk</p>	
<p align="center">Monday 2/26/2018</p> <p>Ham & Swiss on Rye Bread w/ Lettuce & Tomato Potato Salad Plum Halves 1% or Skim Milk</p>	<p align="center">Tuesday 2/27/2018</p> <p>Roast Beef Chef Salad Roast Beef, Sliced Egg American & Swiss Cheese over Tossed Salad Mix Crackers(2pkg) 100% Grape Juice Butterscotch Pudding or Diet Pudding 1% or Skim Milk</p>	<p align="center">Wednesday 2/28/2018</p> <p>Cobb Salad with Lettuce Bacon, Eggs, Diced Chicken Diced Ham & Crumbled Bleu Cheese over Tossed Salad Mix Crackers(2pkg) Grape Juice Cherry Cobbler or Peaches 1% or Skim Milk</p>			

*Salad dressing and Condiments available at senior centers

Menus may be subject to change