

Eastern Nebraska Office on Aging

Deli Menu

April 2018

Monday 4/2/2018	Tuesday 4/3/2018	Wednesday 4/4/2018	Thursday 4/5/2018	Friday 4/6/2018
Ham & Cheese on Vienna Bread w/ Lettuce & Tomato Potato Salad Mandarin Oranges 1% or Skim Milk	Turkey Pasta Salad Fresh Carrot & Celery Sticks Peanut Butter Cup Cinnamon Pears or Diet Pudding 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers (2pk) 100% Fruit Punch Juice Tropical Fruit 1% or Skim Milk	Italian Chicken Salad on Croissant w/ Lettuce & Tomato Sweet Pepper Slaw Strawberry Muffin Square or Diet Cookies 1% or Skim Milk	Roast Beef & Cheddar on 1/2 Ciabatta w/ Lettuce & Tomato Three Bean Salad Pineapple 1% or Skim Milk
Monday 4/9/2018	Tuesday 4/10/2018	Wednesday 4/11/2018	Thursday 4/12/2018	Friday 4/13/2018
Classic Chicken Salad on Wheat Bread (2sl) w/ Lettuce & Tomato Carrot Raisin Salad Fresh Orange 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg, American & Swiss Cheese over Tossed Salad Mix Crackers(2pk) 100% Grape Juice Fruit Cocktail 1% or Skim Milk	Cobb Salad Bacon, Diced Egg, Diced Chicken, Diced Ham & Bleu Cheese over Tossed Salad Mix Crackers (2pk) 100% Apple Juice Decorated Birthday Cake or Plain White Cake 1% or Skim Milk	Meat Trio Hoagie Sandwich Turkey, Ham, Roast Beef American Cheese w/ Lettuce & Tomato Cowboy Caviar Strawberry Banana Applesauce 1% or Skim Milk	Turkey Chef Salad Turkey & Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers (2 pkg) 100% Orange Juice Apple Crisp or Apple Slices 1% or Skim Milk
Monday 4/16/2018	Tuesday 4/17/2018	Wednesday 4/18/2018	Thursday 4/19/2018	Friday 4/20/2018
Sliced Ham & Cheddar on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Plum Halves 1% or Skim Milk	Fajita Chicken Salad Grilled Fajita Chicken Strips Diced Red & Green Peppers over Romaine Lettuce with Chucky Salsa & Tortilla Chips 100% Apple Juice Sugar or Diet Cookies 1% or Skim Milk	Roast Beef & Swiss on Marble Rye w/ Lettuce & Tomato Tomato, Cucumber & Onion Salad Apple Blueberry Muffin Square 1% or Skim Milk	Creamy Crab & Baby Shrimp Macaroni Salad over Tossed Salad Mix Tomato Wedges Crackers (2pk) Cinnamon Apples 1% or Skim Milk	Classic Chef Salad Ham, Turkey & Diced Egg American & Swiss Cheese over Tossed Salad Mix Crackers (2pk) 100% Fruit Punch Juice Pineapple & Mandarin Oranges 1% or Skim Milk
Monday 4/23/2018	Tuesday 4/24/2018	Wednesday 4/25/2018	Thursday 4/26/2018	Friday 4/27/2018
Egg Salad Sandwich on Croissant w/ Lettuce & Tomato Broccoli Salad Fruited Gelatin or Diet Fruited Gelatin 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon, Diced Tomato & Shred Cheese over Tossed Salad Mix Crackers(2pk) Vegetable Juice Fresh Banana 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg, American & Swiss Cheese over Tossed Salad Mix Crackers (2pk) 100% Grape Juice Applesauce 1% or Skim Milk	Ham Salad on Pita w/ Lettuce & Tomato Pea Salad Chocolate Pudding or Diet Pudding 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Housemade Croutons over Tossed Salad Mix Crackers (2pk) 100% Apple Juice Pineapple Upside Down Cake Or Pineapple Tidbits 1% or Skim Milk
Monday 4/30/2018				
Roast Beef & American on Sandwich Bread w/ Lettuce & Tomato Potato Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk				

*Salad dressing and Condiments available at senior centers

Menus may be subject to change