

Eastern Nebraska Office on Aging

Deli Menu

December 2018

Monday 12/3/2018	Tuesday 12/4/2018	Wednesday 12/5/2018	Thursday 12/6/2018	Friday 12/7/2018
Sliced Turkey & American Cheese on Ciabatta Bun w/Lettuce & Tomato Potato Salad Pear Slices 1% or Skim Milk	Creamy Crab & Baby Shrimp Macaroni Salad on Romaine Blend Salad Tomato Wedges Crackers(2pkg) Banana Muffin Square or Diet Cookies 1% or Skim Milk	Turkey Chef Salad Turkey & Diced Egg Amer. Cheese & Grape Tomatoes 100% Fruit Punch Juice Cinnamon Raisin Bread/Marg Pineapple & Strawberries 1% or Skim Milk	Roast Beef & Swiss w/ Lettuce & Tomato on Marble Bread Broccoli Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk	Classic Chef Salad Turkey, Ham & Diced Egg Amer. Cheese & Grape Tomatoes over Romaine Blend Salad Wheat Breadstick 100% Grape Juice Sliced Apricots 1% or Skim Milk
Monday 12/10/2018	Tuesday 12/11/2018	Wednesday 12/12/2018	Thursday 12/13/2018	Friday 12/14/2018
Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes, Black Olives Crackers(2pk) Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Diced Peaches 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg Swiss Cheese & Grape Tomatoes over Romaine Blend Salad Crackers(2pkg) Decorated Birthday Cake or Plain White Cake 1% or Skim Milk	Grilled Chicken Ranch Salad Grilled Chicken Strips Amer. Cheese, Grape Tomatoes & Black Olives over Salad Mix Crackers(2pk) 100% Apple Juice Tropical Fruit Mix 1% or Skim Milk	Roast Beef & Swiss w/ Lettuce & Tomato on Vienna Bread Marinated Vegetable Salad Strawberry Applesauce 1% or Skim Milk
Monday 12/17/2018	Tuesday 12/18/2018	Wednesday 12/19/2018	Thursday 12/20/2018	Friday 12/21/2018
Tuna Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Fresh Orange 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon, Diced Tomato & Shred Cheese over Tossed Salad Mix Crackers(2pk) 100% Fruit Punch Juice Chocolate or Diet Pudding 1% or Skim Milk	Reuben Salad Sliced Corned Beef Sauerkraut & 1000 Island over Romaine Blend Salad and Housemade Croutons Cheesecake with Cherry Topping or Diet Pudding 1% or Skim Milk	Classic Chef Salad Turkey, Ham & Diced Egg Amer. Cheese & Grape Tomatoes over Romaine Blend Salad Crackers(2pk) 100% Fruit Punch Juice Pear Slices 1% or Skim Milk	Sliced Ham & American Cheese on Wheat Bread w/ Lettuce & Tomato Potato Salad Fruit Cocktail 1% or Skim Milk
Monday 12/24/2018	Tuesday 12/25/2018	Wednesday 12/26/2018	Thursday 12/27/2018	Friday 12/28/2018
Roast Beef & Swiss w/ Lettuce & Tomato on Marble Bread Broccoli Salad Mandarin Oranges 1% or Skim Milk	 Senior Centers Closed	Italian Sandwich Turkey, Ham, Pepperoni, Cheese, Peppers & Red Onion on Vienna Bread Herb Roasted Potato Salad Fruit Crisp or Mixed Fruit 1% or Skim Milk	Turkey & Cheddar w/ Lettuce & Tomato on Wheat Hamburger Bun Coleslaw Strawberry Yogurt PC or Diet Pudding 1% or Skim Milk	Denver Omelet Salad Diced Ham, Bacon, Green Pepper, Onion, Diced Egg Cheddar Cheese Cubes over Tossed Salad Mix 100% Orange Juice/Crackers(2pk) Frosted Brownie or Diet Cookies 1% Milk
Monday 12/31/2018			<p>december: [də-'sem-bər] -n.</p> <p>a month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true</p>	

*Salad dressing and Condiments available at senior centers

Menus may be subject to change