

6th ANNUAL

CELEBRATE OLDER
NEBRASKANS

JOIN US FOR A MORNING
OF FUN

LIFESTYLE EXPO

HEALTH INFORMATION

FOOD AND DRINK

AUGUST 12, 2022

STEP OUT FOR SENIORS WALKATHON 2022

The Eastern Nebraska Office on Aging (ENOA) Nutrition Division and the City of Omaha Parks and Recreation are proud to sponsor this event.



Step Out For Seniors



BENSON PARK

7028 Military Avenue | Omaha, NE

Friday, August 12, 2022

@ 9:00 am

For more information Contact
Christina Ochoa, 402-444-6513
christina.ochoa@enoa.org

The walkathon is a fundraiser to help update programming and services at the 23 senior centers in the Eastern Nebraska area. All ages are welcome at the walkathon.

Sign-in begins at 8:30am and the walk will start at 9:00am. There will also be a Lifestyle Exposition showcasing a wide variety of products and services.

Register NOW \$5 per person/if pre-registered before August 12, 2022, \$10 day of walkathon.

Registration forms can be obtained at any senior center.

