



Eastern Nebraska Office on Aging

**April 2022
Deli Menus**

				Friday 4/1/2022 BLT Salad Chopped Bacon, Diced Tomato over Mixed Greens Housemade Croutons 100% Fruit Punch Sliced Peaches 1% or Skim Milk
ENOA Nutrition Services  Celebrating 50 Years				
Monday 4/4/2022 Creamy Cheese Tortellini over Mixed Greens w/ Grape Tomato & Black Olive Crackers(2pk) Cinnamon Pear Slices 1% or Skim Milk	Tuesday 4/5/2022 Three Meat Hoagie Turkey, Ham, Roast Beef American Cheese w/ Lettuce & Tomato Pea Salad Fruit Cocktail 1% or Skim Milk	Wednesday 4/6/2022 Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers (2pk)/Apple Juice Strawberry Shortcake w/ Whipped Topping or Plain Cake Square 1% or Skim Milk	Thursday 4/7/2022 Ham & Swiss Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Oatmeal Raisin Cookie or Diet Cookies 1% or Skim Milk	Friday 4/8/2022 Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers (2pk) 100% Apple Juice Mandarin Oranges 1 % or Skim Milk
Monday 4/11/2022 Crab Salad on Marble Bread w/ Lettuce & Tomato Cowboy Caviar Chocolate Chip Muffin or Diet Cookies 1% or Skim Milk	Tuesday 4/12/2022 Deli Chicken & American Cheese on Vienna Bread w/ Lettuce & Tomato Buffalo Potato Salad Ambrosia Salad 1% or Skim Milk	Wednesday 4/13/2022 Chicken Caesar Salad w/ Croutons & Caesar Dressing over Mixed Greens 100% Grape Juice Decorated Birthday Cake or Plain White Cake 1% or Skim Milk	Thursday 4/14/2022 Turkey & Swiss on 1/2 Ciabatta Bun w/ Lettuce & Tomato Broccoli Salad Diced Pears 1% or Skim Milk	Friday 4/15/2022 Classic Chef Salad Turkey, Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Crackers (2pk) 100% Apple Juice Applesauce 1% or Skim Milk
Monday 4/18/2022 Roast Beef & Cheddar on Wheat Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Orange 1% or Skim Milk	Tuesday 4/19/2022 Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers(2pk) 100% Fruit Punch Glazed Pineapple or Tidbits 1% or Skim Milk	Wednesday 4/20/2022 Lemon Pepper Tuna Salad on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Fresh Banana 1% or Skim Milk	Thursday 4/21/2022 Teriyaki Chicken Strips Shredded Carrots & Chow Mein Noodles over Mixed Greens with Asian Dressing Crackers(2pks) 100% Orange Juice Fruit Mix 1% or Skim Milk	Friday 4/22/2022 Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Jell-O Cake or Diet Jell-O Cake 1% or Skim Milk
Monday 4/25/2022 Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion over Mixed Greens Tomato Wedges Crackers & 100% Grape Juice Diced Peaches 1% or Skim Milk	Tuesday 4/26/2022 Egg Salad on Croissant w/ Lettuce & Tomato Coleslaw Tropical Fruit Mix 1% or Skim Milk	Wednesday 4/27/2022 Turkey & Cheddar on Kaiser Bun w/ Lettuce & Tomato Marinated Vegetable Salad Sliced Pears 1% or Skim Milk	Thursday 4/28/2022 BLT Salad Chopped Bacon, Diced Tomato over Mixed Greens Housemade Croutons 100% Fruit Punch Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Friday 4/29/2022 Deli Sliced Chicken & American Cheese on WG Bread w/ Lettuce & Tomato Bleu Cheese Coleslaw Apple Cinnamon Muffin 1% or Skim Milk

Final 2/16/2022

Salad Dressing and Condiments available at senior centers

Menu subject to change