



# SeniorHelp



## Thank You, SeniorHelp Volunteers

### For Helping Us Hit an All-Time Record for Hours Served!

In March of this year the SeniorHelp Program hit an all-time record high total number of hours served. You have all helped in this effort — and we can't thank you enough!

**189 Volunteers put in 1,083 hours,  
in 4 of ENOA's 5 counties.**

The number of hours SeniorHelp volunteers devoted to the older adults were spent in a variety of tasks. All help these valuable members of our community improve the quality of their lives. These tasks included:

- ◆ Companionship
- ◆ Transportation
- ◆ Handyman Services
- ◆ Household Assistance
- ◆ Home Delivered Meals
- ◆ Lawn Mowing
- ◆ Spring Leaf/Lawn Clean Up and
- ◆ Produce Delivery



## SeniorHelp Special Project with Foster Grandparents

Thank you to all those SeniorHelp volunteers who responded to our request for escort transportation for ENOA's Foster Grandparent Program event on June 1. We had such great response that we have as many volunteers as we need.

The Foster Grandparent Program matches older adults who volunteer with children, who need extra support, in pre-determined sites throughout Omaha and surrounding communities. The event they will attend will recognize their service with these children in the past year.

We appreciate all those volunteers who will be participating in this opportunity. It is very special for SeniorHelp to be able to collaborate on a project like this, and those we have in the past, with one of our fellow Volunteer Services programs. We can do this because of you!

## MAY SENIORHELP ANNIVERSARIES

### ONE YEAR

Vance Allred

Linda Hahn

Ross Schumacher

Diane Wolff

### TWO YEARS

Tamir Ayad

Art Coburn

Carol Crawford

Anne Greisch

Michael Muskin

Rich Tesarek

Linda Woodworth

### FOUR TO SIX YEARS

Bill Coufal

Tom Reed

Alex Simonsen

Thomas Walsh

### EIGHT YEARS

Alyce Miller

Dann Miller

### 11—13 YEARS

Vicki Ostrander

Bob Sanders

**We would love to see your volunteer project pictures and share your stories!**

**Send your photos and/or stories to: [Seniorhelp.program@enoa.org](mailto:Seniorhelp.program@enoa.org)**

## Notes of Appreciation..

This month we received a few expressions of gratitude for SeniorHelp volunteers who helped improve the homes and yards of those they helped.

One client called to say, "I just want to let you know that **Geoff B.** was here and did a lot of my weeding. My goodness, it was a wonderful job that he did! I want to thank you so much!"

Another praised the work Billy S. did raking for her, "**Billy S.** is a wonderful, wonderful person. Thank you for sending him out!"

Volunteer **Blake M.** also received praise from a client whose gutters he cleaned. He said he was, "exceptionally polite and nice. He treated me like his equal and not like I was 100 years old." Thank you to all of our dedicated SeniorHelp volunteers! Whether you receive mention here or not, know that you are appreciated!

### THE SENIORHELP PROGRAM

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OFFICE ON AGING

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SeniorHelp is sponsored by  
the  
Eastern Nebraska  
Office on Aging  
  
[www.enoa.org](http://www.enoa.org)

## Meals on Wheels Corner

### Extra Summer Help Needed

During the summer months we have a dip in our number of drivers due to various reasons – mainly scheduled vacations. We are looking for extra help over the summer months. If you have extra time this summer, please let us know. We have plenty of routes to fill in with volunteers! Email us at [seniorhelp.program@enoa.org](mailto:seniorhelp.program@enoa.org) or call (402) 561-2238 if you can help.

### Important Meals Delivery Reminder

When you are leaving your car to take meals up to the door, please

#### Do Not Leave Your Car Running.

- ◆ Take your keys and lock your car.
- ◆ Do not leave any valuables within sight.

Even if it seems a bit over-cautious, we want to make sure that you, and your property, are as safe as possible when you are delivering.

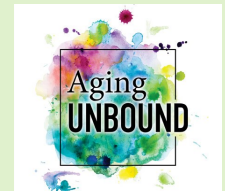
Thank you for all that you do!



## Older Americans Month 2023

Older Americans month is observed each May. The theme for 2023 is "Aging Unbound". The theme reflects an opportunity to explore diverse aging experiences. It also is a springboard to discuss how communities can combat stereotypes.

Join us in promoting flexible thinking about aging and how we all benefit when older adults remain engaged, independent, and included.



Please report your volunteer hours to Melissa each month:  
[seniorhelp.program@enoa.org](mailto:seniorhelp.program@enoa.org), call (402) 561-2299 or text (402) 590-8934