

ELMWOOD SENIOR CENTER

JULY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		JULY 1	July 2	July 3
		Tamale Pie Refried Beans Pica de gallo Melon	Chicken Cordon Blu over Rice Pea salad Asparagus Jello w/Fruit	Grab n Go 4:30-6 Chicken Fried Steak Mashed Potatoes and Gravy Greenbean Casserole
July 6	July 7	July 8	July 9	July 10
Chicken and Rice Greenbean Casserole Cucumber Salad Apple Pie	Goulash Tossed Salad Garlic Bread Cheese Cake w/Fruit	Cowboy Baked Beans BBQ Meatballs Cornbread Fruit Pie	Ham Baked Potato Honey Carrots Pineapple Upside Down Cake ;	Grab n Go 4:30-6 Chicken Alfredo Tossed Salad Garlic Bread
July 13	July 14	July 15	July 16	July 17
Veg. Beef Soup Deluxe roastbeef Sandwich Apple/banana/Grape Salad	Biscuits and Sausage Gravy Egg/Cheese/Veg.Casserole Sausage Links Fresh Fruit	Salmon Patties Cole Slaw Hashbrown Casserole Pineapple upside down cake	Kielbasa w/Grilled Onions and Peppers Scalloped Potatoes Carrot raisen Salad Fruit Crisp	Grab n Go 4:30-6 Wings and Rings Relishes Rootbeer Float
July 20	July 21	July 22	July 23	July 24
Spagetti and Meatballs Tossed Salad Garlic Bread Fruit Cake	Ham and Scalloped Potatoes Honey Carrots Deviled Eggs Brownies w/Cherries	Beef Stew Biscuits and tossed Salad Apple raisen Bread Pudding	Deluxe Club Wrap Cup of Broccoli Cheese Soup Tator Tots Ice Cream Sundae	Grab n Go 4:30-6 Lasagna Tossed Salad Cheese Cake w/Fruit Garlic Bread
July 27	July 28	July 29	July 30	July 31
Turkey Mashed Potatoes and Gravy Squash Pumpkin Pie	Smothered Chicken Baked Potatoes Greenbeans w/Bacon Peach Cobbler	Runza Casserole Coleslaw French Fries Fruit Fluff	Tuna Melt Corn on the Cob Macaroni Salad Cherry Dump Cake	Cream Cheese Chicken Enchilada Refried Beans and Rice Mexican Ice Cream

All meals are subject to change

All meals include Milk, Bread and Margarine

\$7.00 Per Meal
\$7.00 Delivered

Please call for reservations before 9:30 am. Reservations may be called in on prior days between 9-1. 402- 994-2145