



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Beef Burrito w/beans Lettuce, Tomato & Sour Cream Yellow Rice Watermelon Milk	Coconut Curry Fish Jasmine Rice Sautéed Mixed Vegetables Mixed Fruit Milk	Salisbury Steak w/ Mushroom Mashed Potatoes w/ Gravy Green Beans Melon Milk	Chicken Quesadillas Shredded Lettuce & Tomatoes w/ Sour Cream & Fresh Cheese Refried Beans Melon Milk	Chicken Florentine w/ spinach Parmesan sauce Brown Rice Cooked Carrots Mixed Fruit Milk
10	11	12	13	14
Baked Pork Loin w/ Mushroom Gravy Brussels Sprouts Cantaloupe Milk	Chicken Enchiladas Shredded lettuce & tomato Mexican Rice Mixed Fruit Milk	Chicken Lo Mein w/ Bell Pepper, Onion, Cabbage, Carrot Sautéed Broccoli Apples Milk	Tomato Braised Beef Seasoned Rice Steamed Collard Greens Mixed Fruit Milk	
17	18	19	20	
Chicken Stir Fry Fried Rice Steamed Broccoli Pineapple Milk	Pork Chile Verde Spanish Rice Zucchini, Corn & Tomato Salad Pineapple Milk	Shrimp Pasta Alfredo Sautéed Broccoli Mixed Fruit Garlic Bread Milk	Chicken Bacon Ranch Wrap w/ Flour Tortilla California Blend Vegetables Mixed Fruit Milk	
24	25	26	27	
Baked Chicken Breast / in a Dijon Cream Sauce Green Beans Dinner Roll Mixed Fruit Milk	Sliced Bratwurst (Pork) Potato Salad Applesauce Dinner Roll Milk	Chicken Nachos w/ Tortilla Chips, Shredded Chicken Lettuce, Tomato & Cheese Corn Mixed Fruit Milk	Fish & Chips w/ Breaded & Baked Fish French Fries Coleslaw Apples Milk	
31				
Barbecue Pulled Pork Sandwich Spinach Salad Mixed Fruit Milk				

PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood* Shellfish * Soy * Eggs * Milk * Wheat * Sesame.

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