

Monday 11/2/2026	Tuesday 11/3/2026	Wednesday 11/4/2026	Thursday 11/5/2026	Friday 11/6/2026
Nat. Deviled Egg Day Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Deviled Egg Potato Salad Spiced Pears 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Sliced Red Onions Mixed Greens Salad Crackers & 100% Apple Juice Fudge Round or Diet Cookies 1% or Skim Milk	Ham & Amer. Cheese on Vienna Bread w/ Leaf Lettuce & Tomato Coleslaw Pineapple & Strawberries 1% or Skim Milk	National Donut Day Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Glazed Donut or Diet Cookie 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Diced Peaches 1% or Skim Milk
Monday 11/9/2026	Tuesday 11/10/2026	Wednesday 11/11/2026	Thursday 11/12/2026	Friday 11/13/2026
Ham Salad on Marble Bread w/ Lettuce & Tomato Pea Salad Fresh Orange 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Decorated or Plain Cake 1% or Skim Milk	Veteran's Day Senior Center is Closed No Meals 	Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Cucumber Salad Sliced Peaches 1% or Skim Milk	Fajita Chicken Salad with Corn, Peppers & Onions over Mixed Greens Salad and Southwest Ranch Dressing Crackers(2pk) Choc. Cupcake or Diet Cookie 1% or Skim Milk
Monday 11/16/2026	Tuesday 11/17/2026	Wednesday 11/18/2026	Thursday 11/19/2026	Friday 11/20/2026
Turkey & Amer Cheese on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup or Diet Pudding 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Croutons over Mixed Greens Salad 100% Grape Juice Fresh Apple 1% or Skim Milk	Egg Salad on Square Croissant w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Fruit Punch Cup/Breadstick Strawberries & Mandarins 1% or Skim Milk	Peanut Butter Fudge Day Chicken Salad on Cinnamon Raisin Bread w/ Leaf Lettuce & Tomato Broccoli Salad Nutty Buddy Stick or Diet Cookies 1% or Skim Milk
Monday 11/23/2026	Tuesday 11/24/2026	Wednesday 11/25/2026	Thursday 11/26/2026	Friday 11/27/2026
Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Coleslaw Sliced Peaches 1% or Skim Milk	Crab Salad on Mini Hoagie Bun w/ Lettuce & Tomato Potato Salad Fresh Orange 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Pumpkin Pie & Whip Topping or Diet Pudding 1% or Skim Milk	Thanksgiving Day Senior Center is Closed No Meals 	Thanksgiving Holiday Senior Center is Closed No Meals 
Monday 11/30/2026	November Fun Facts ~ Calendar and Symbols			
Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Apple 1% or Skim Milk	November is the eleventh month of the year with 30 days, but its name comes from the Latin word novem (meaning "nine") because it was the ninth month in the old Roman calendar. It features unique symbols, historical events, and seasonal shifts.  Birthstones: Topaz (symbol of strength and honor) and citrine. Birth Flower: Chrysanthemum (symbol of cheerfulness). Zodiac Signs: Scorpio (until November 21) and Sagittarius (starting November 22). Full Moon: The Old Farmer's Almanac calls November's moon the Beaver Moon because colonists set beaver traps before swamps froze.			
These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds				