

			<b>Thursday</b> <b>2/1/2024</b>	<b>Friday</b> <b>2/2/2024</b>
			Roasted Pork Chop with Pineapple Mango Salsa Mashed Potatoes Green Beans Wheatberry Roll/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Beef Stew with Potatoes, Carrots & Peas Mixed Greens Salad/Dress PC Mini Buttermilk Biscuit/Marg Strawberries & Pears 1% or Skim Milk
<b>Monday</b> <b>2/5/2024</b>	<b>Tuesday</b> <b>2/6/2024</b>	<b>Wednesday</b> <b>2/7/2024</b>	<b>Thursday</b> <b>2/8/2024</b>	<b>Friday</b> <b>2/9/2024</b>
Oven Fried Chicken Breast & Country Gravy Mashed Potatoes Green Peas Honey Wheat Bread/Marg Diced Peaches 1% or Skim Milk	<b>National Chopsticks Day</b> Chicken Lo Mein with WG Spaghetti Noodles Vegetable Egg Roll Broccoli Cuts Fortune Cookie Sugar or Diet Cookies 1% or Skim Milk	Sliced Roast Beef & Gravy Baked Potato/Sour Cream Brussels Sprouts Vienna Bread/Marg Sliced Pears 1% or Skim Milk	Meatloaf & Gravy Twice Baked Mashed Potatoes Carrot Coins WG Dinner Roll/Marg Fruit Mix 1% or Skim Milk	<b>National Pizza Day</b> Three Meat Pizza Pasta Mixed Greens Salad/Dress Cauliflower WG Breadstick/Marg Peach Crisp or Sliced Peaches 1% or Skim Milk
<b>Monday</b> <b>2/12/2024</b>	<b>Tuesday</b> <b>2/13/2024</b>	 <b>Wednesday</b> <b>2/14/2024</b>	<b>Thursday</b> <b>2/15/2024</b>	<b>Friday</b> <b>2/16/2024</b>
Cheeseburger on a WG Hamburger Bun w/ Leaf Lettuce, Tomato, Red Onions & Pickle Slices Baked Beans Fresh Orange 1% or Skim Milk	<b>Fat Tuesday</b> Cajun Chicken Breast in Alfredo Sauce Potatoes O'Brien Peas & Carrots Vienna Bread Slice/Marg Beignet or Diet Cookie 1% or Skim Milk	<b>Valentine/Bday/Ash Wed.</b> Baked Cod Loin in Lemon Garlic Sauce Diced Sweet Potatoes Stewed Tomatoes WG Petite Roll/Marg Decorated or Plain Cake 1% or Skim Milk	Sweet & Sour Meatballs Brown Rice Pilaf Broccoli Cuts Cinn. Raisin Bread/Marg Mandarin Oranges 1% or Skim Milk	Cheese Ravioli in Marinara with Shredded Mozzarella Cauliflower Mixed Greens Side Salad Dressing PC WG Breadstick/Marg Cinnamon Diced Pears 1% or Skim Milk
<b>Monday</b> <b>2/19/2024</b>	<b>Tuesday</b> <b>2/20/2024</b>	<b>Wednesday</b> <b>2/21/2024</b>	 <b>Thursday</b> <b>2/22/2024</b>	<b>Friday</b> <b>2/23/2024</b>
 <b>Presidents' Day</b>  <b>Senior Center Closed</b>	<b>National Muffin Day</b> Turkey Breast & Gravy Mashed Potatoes Zucchini & Tomatoes WG Dinner Roll/Marg WG Blueberry Muffin 1% or Skim Milk	<b>National Chili Day</b> White Bean & Chicken Chili Potato Medley Green & Gold Beans Pumpnickel Bread/Marg Fruit Cocktail 1% or Skim Milk	<b>Walking Taco!!</b> Taco Meat, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Corn WG Nacho Doritos PC Sour Cream & Taco Sauce PCs Applesauce 1% or Skim Milk	10 Grain Fish Filet Oven Roasted Baby Reds Oven Roasted Vegetables Italian Roll/Marg Chocolate Chip Cookie or Diet Cookies Tartar Sauce PC 1% or Skim Milk
<b>Monday</b> <b>2/26/2024</b>	<b>Tuesday</b> <b>2/27/2024</b>	<b>Wednesday</b> <b>2/28/2024</b>	<b>Thursday</b> <b>2/29/2024</b>	
Country Fried Steak Mashed Potatoes & Gravy Brussels Sprouts Marble Bread/Marg Tropical Fruit Mix 1% or Skim Milk	Western Omelet in Cheese Sauce Breakfast Potatoes Peppers & Onions WG Bread Slice/Marg Strawberry Yogurt Parfait or Diet Pudding 1% or Skim Milk	Liver w/ Onion Gravy Whipped Potatoes Green Beans Honey Wheat Bread/Marg Apricot Halves 1% or Skim Milk	Ham & Scalloped Potatoes Winter Blend Vegetables WG Dinner Roll/Marg Cinnamon Apple Slices 1% or Skim Milk	

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