

Tai Chi

Tai Chi class locations at ENOA Senior Centers

Bellevue Senior Center – open M-F 8am – 4pm

Manager – Kathy Van Den Top

Kathy.vandentop@enoa.org

109 W 22nd Ave

402-293-3041

Classes – Monday and Wednesday 10:15am – 11:00am

Camelot Friendship Center – open M-F – 10am-3pm

Manager – Barb White

Barbara.white@cityofomaha.org

9270 Cady Ave

402-444-3091

Classes – Tuesday and Friday 10:00am -10:45am

Florence Senior Center – open M-F 9:00am – 1:00pm

Manager – Collen Metz

Collen.metz@cityofomaha.org

2920 Bondesson

402-444-6333

Classes – Tuesday and Thursday 10:00am – 10:45am

La Vista Senior – open M-F 10:00am – 3:00pm

Manager – Kaily Stanley

kstanley@cityoflavista.org

8116 Parkview Blvd

402-331-3455

Classes -Tuesday and Thursday 11:00am – 11:45am

Millard/Montclair Senior Center - open M-F 9:00am – 2:00pm

Manager – Tamara Womack

Tamara.womack@cityofomaha.org

2304 S 135th Ave

402-546-1270

Classes – Monday and Friday 9:30am-10:15 am