



We are here to help!

When you feel your independence slipping away or feel isolated and lonely, it may be time to find out about care management services available through the Eastern Nebraska Office on Aging.

We can help you find a way to manage the problems of daily tasks such as cooking, cleaning, and taking care of your personal needs. Our goal is to help you maintain your independence and your dignity.



For more information, call
402-444-6536
1(888) 554-2722

Eastern Nebraska Office on Aging
4780 S. 131st Street • Omaha, NE 68137
enoa.org



There's no place like home!

Are you age 60 or older and feeling like you might need some help?

ENOA's trained Care Managers can help guide you in finding the services and resources you want and need to safely remain in your home as long as possible!

Care Management Services

Serving Cass, Dodge, Douglas, Sarpy, & Washington counties

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402-444-6536
enoa.org

Some problems should not be faced alone



A medical condition, moving into a new home, or perhaps the loss of a spouse may signal a change in life that requires the help of others.

There are many services, programs, and opportunities available for people who want to stay independent and remain a part of the community. To the untrained eye the system often appears like a puzzle of age requirements and financial or medical eligibility guidelines.

That's where the Eastern Nebraska Office on Aging can help. Our care managers are trained professionals who can assist in finding services and community resources available to meet your needs.

Information & referral

Our information and referral line is available weekdays from 8 a.m. to 4:30 p.m. at 402-444-6444 if you have questions about our programs and services.

If you are unable to contact our office for yourself, a family member or a friend may do so on your behalf.



How much does it cost?

Contribution requests for all services are determined according to a sliding fee scale based on household gross income.

These guidelines are determined by the Nebraska State Unit on Aging.



Services available

- Annual comprehensive assessments.
- Participant centered care plans.
- Advocacy and support through transitional periods.
- Service providers selected by the participant's preferences.
- Monitoring the services being provided.
- Coordination of services with other agencies that may be coming into your home.
- Providing information on additional community resources.