		Wednesday	Thursday	Friday
		10/1/2025	10/2/2025	10/3/2025
		All Beef Chili Dog with	Sweet & Sour Chicken Breast	WG Spaghetti &
HEI		Shredded Cheese	Broccoli	Meat Sauce
		on WG Hot Dog Bun	Brown Rice Pilaf	Mixed Greens Side Salad
OCT		Diced Potatoes	Cinnamon Raisin Bread/Marg	Dressing PC
		Corn	Fresh Orange	Zucchini & Tomatoes
		Sliced Peaches & Strawberries	Fortune Cookie	WG Breadstick/Marg
		1% or Skim Milk	1% or Skim Milk	Honey Glazed Pineapple
				1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025
Chicken Breast	BBQ Meatballs	Sliced Roast Beef & Gravy	Potato Crunch Fish Filet	World Egg Day
w/ Cordon Bleu Sauce	Potato Medley	Mashed Potatoes	Garlic & Butter Diced Reds	Western Omelet in
Whipped Potatoes	California Blend Vegetables	Honey Glazed Carrots	Country Blend Vegetables	Cheese Sauce
Diced Beets	WG Petite Roll/Marg	WG Dinner Roll/Marg	Marble Rye Bread/Marg	Potatoes O'Brien
WG Dinner Roll/Marg	Fudge Round	Decorated Birthday Cake	Fruit Mix	Blueberry Muffin
Diced Peaches	or Diet Cookies	or Plain Cake Square	Tartar Sauce PC	_Cinnamon Applesauce
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025
Oven Fried Chicken Breast	Cheese Ravioli in	National Mushroom Day	Meatloaf with	National Pasta Day
with Country Gravy	Creamy Pesto Sauce	Chicken Marsala	Brown Gravy	Beefy Mac Casserole
Mashed Potatoes	Stewed Tomatoes	Scalloped Potatoes	Whipped Potatoes	w/ WG Pasta
Diced Carrots	Mixed Greens Salad/Dress	Brussels Sprouts	Mixed Vegetables	Corn
WG Dinner Roll/Marg	Vienna Bread Slice/Marg	100% Whole Wheat Bread/Marg	Honey Wheat Bread/Marg	Diced Carrots
Fresh Apple	Cinnamon Pears	Chocolate Chip Cookie	Tropical Fruit Mix	WG Breadstick/Marg
1% or Skim Milk	1% or Skim Milk	or Diet Cookies	1% or Skim Milk	Fruit Mix
		1% or Skim Milk		1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
10/20/2025	10/21/2025	10/22/2025	10/23/2025	10/24/2025
Chicken Fried Steak & Gravy	Swedish Meatballs	BBQ Chicken Breast	10 Grain Fish Filet	Salisbury Steak
Garlic Mashed Potatoes	Diced Baby Red Potatoes	on WG Hamburger Bun	Diced Sweet Potatoes	with Brown Gravy
Country Blend Vegetables	Stewed Tomatoes	BBQ Baked Beans	Chuckwagon Corn	Ranch Whipped Potatoes
Vienna Bread Slice/Marg	WG Dinner Roll/Marg	Cauliflower	WG Dinner Roll/Marg	Green Beans
Fresh Pear	Sliced Peaches	Rice Krispy Treat	Choc. Chocolate Chip Muffin	WG Dinner Roll/Marg
1% or Skim Milk	1% or Skim Milk	or Diet Cookies	Tartar Sauce PC	Applesauce
The state of the s		1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
10/27/2025	10/28/2025	10/29/2025	10/30/2025	10/31/2025
Sliced Turkey with Gravy	National Chocolate Day	Pot Roast	Cheeseburger on	Chicken Breast with
Mashed Potatoes	Pulled Pork Taco	with Brown Gravy	WG Hamburger Bun	Creamy Bacon Ranch Sauce
Cornbread Stuffing	Shred Cheese, Shred Lett.	Diced Baby Red Potatoes	American Cheese Slice	Diced Sweet Potatoes
WG Petite Roll/Marg	Diced Tomato & Onion	Honey Roasted Baby Carrots	w/ Lettuce, Tomato, Onion	Green Beans
Oatmeal Cream Pie	Fiesta Bean Trio	WG Dinner Roll/Marg	& Sliced Pickles	WG Breadstick/Marg
or Diet Cookies	8" Flour Tortilla Shell	Fruit Cocktail	Steakhouse Potato Salad	Pumpkin Cheesecake Fluff
1% or Skim Milk	Choc. or Diet Pudding	1% or Skim Milk	Strawberries & Mandarins	or Diet Pudding
	1% or Skim Milk		1% or Skim Milk	1% or Skim Milk

<sup>\*\*</sup> These meals may contain the following allergens: Peanuts, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds\*\*