Eastern Nebraska Office on Aging Grab and Go Meals

H Chicken Cordon Bleu W/Swiss Mornay Sauce H Green Beans H Diced Pears C Italian Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie 1% Milk Monday 12/11/2023 H Country Fried Steak & H Twice Baked Whip Potato B Town Gravy H Carlic Marg C WG Dinner Roll/Marg C WG Dinner Roll/Marg C Dressing PC H Country Blend Veggies C WG Dinner Roll/Marg C WG Dinner Roll/Marg C Miscoli C Dressing PC C Monday C Peanut Butter Cookie C Dressing PC C Miscolate Brownie C C Coun Reaisin Bread/Marg C Fruit Mix C Sour Cream PC C Sour Cream	шрм	LIDM	LIDM	LIDM	ПРМ
Potent Butter Cooke Mashad Potatoses Hourt Brass Carrots House Subtre Dices Hourt State Subt	HDM	HDM	HUM		
Fiday Common Processing PC Wednesday Thursday 12/87/2023 1		The state of the s		Inursday	_
H Meatloaf & Gravy H Mashed Potatoes H Carrot Coins C Sourdough RollMarq C Fresh Red Apple 1% Milk					
H. Mashed Potatoes H. Carrot Coins C. Sourdough RollMarg C. Fresh Red Apple 1% Milk					
Carrot Coins Carr	S# V # 2				,
Monday 12/4/2023 12/5/2023 12/6/2023 12/7/2023					
Monday 12/4/2023 12/5/2023 12/6/2023 12/7/2023 12/7/2023 12/6/2023 12/7/2023			DA		
Monday			AM JOSEPH		•
Monday 12/4/2023 12/5/2023					
12/4/2023 12/5/2023 12/6					1% Milk
National Cookie Day H Chicken Cordon Bleu W Swiss Mornay Sauce H Green Beans H Mashed Potatoes H Diced Pears H Broccoli C Italian Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie 1% Milk Monday H Country Fried Steak & Brown Gravy H Country Fried Steak & Brown Gravy H Country Blend Veggles C WG Dinner Roll/Marg C WG Dinner Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie H Country Fried Steak & Brown Gravy H Country Blend Veggles C WG Dinner Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie C Peanut Sutter Cookie C Peanut Sutter Cookie C Peanut Butter Cookie C Peanut Sutter S	Monday	Tuesday	Wednesday	Thursday	Friday
H Chicken Cordon Bleu w W Swiss Mornay Sauce H Green Beans H Mashed Potatoes H Diced Pears C Italian Roll/Marg C Vienner Roll/Marg C Peanut Butter Cookie 1% Milk	12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
M Swiss Mornay Sauce H Mashed Potatoes H Diced Pears H Diced Pears C Ridlian Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie 1% Milk Monday 12/11/2023 P Potato Crunch Fish Fliet H Country Fried Steak & Brown Gravy H C Ambrosia Salad C WG Dinner Roll/Marg C Fresh Pear C Vienna Bread Slice/Marg C Piain Cake Square C Wishilk Monday Tuesday 12/18/2023 H Octor y Steak & Brown Gravy H C Ambrosia Salad 1% Milk Monday Tuesday 12/18/2023 H Octor y Steak & Brown Gravy H Diced Baby Red Potatoes H Garlic Mashed Potatoes H Brown Rice Pilaf C C Ginn. Raisin Bread/Marg C C C Cinn. Raisin Bread/Marg C Fruit Mix C C Sour Cream PC 1% Milk C Sour Cream PC 1% Milk Thursday 12/14/2023 12/13/2023 12/14/20	National Cookie Day	H Italian Goulah with	H Sliced Roast Beef	H Sweet & Sour Chicken	Nat. Choc. Brownie Day
H Mashed Potatoes H Broccoli C WG Dinner Roll/Marg C WG Dinner Roll/Marg C Peanut Butter Cookie 1% Milk Monday 12/11/2023 H Potato Crunch Fish Fliet H Cuntry Fried Steak & Brown Gravy H C Ambrosia Salad C WG Dinner Roll/Marg C Wishink H Brown Rice Pilaf C C Cinn. Raisin Bread/Marg C C Fruit Mix C C Cour Cream PC 1% Milk C Sour Cream PC 1% Milk Tuesday 12/11/2023 T12/13/2023 T12/13/20	H Chicken Cordon Bleu	WG Elbow Noodles	with Gravy	Breast	H Seafood Chowder
C Vig Dinner Roll/Marg C Peanut Butter Cookie 1% Milk Monday 12/11/2023 Tuesday 12/12/2023 Tuesday 12/12/2023 Tuesday Tiebe Baked Whip Potatoes H Country Fired Steak & Brown Gravy H C Ambrosia Salad 1% Milk Monday T Useday 12/12/0203 Tuesday 12/12/0203 Tuesday 12/12/0203 Tuesday Tuesday 12/13/2023 Tuesday 12/13/2023 Tuesday Tuesday 12/13/2023 Tuesday 12/13/2023 Tuesday Tuesday 12/13/2023 Tuesday Tuesday 12/13/2023 Tuesday Tuesday 12/13/2023 Tuesday	w/ Swiss Mornay Sauce	H Green Beans	H Garlic Mashed Potatoes	H Peas & Carrots	H Garlic & Butter Diced Reds
C WG Dinner Roll/Marg C Peanut Butter Cookie C Dressing PC 1% Milk Monday 12/11/2023 T12/12/2023 T12/13/2023 T12/	H Mashed Potatoes	H Diced Pears	H Brussels Sprouts	H Brown Rice Pilaf	H Mixed Vegetables
C WG Dinner Roll/Marg C Peanut Butter Cookie C Dressing PC 1% Milk Monday 12/11/2023 T12/12/2023 T12/13/2023 T12/	H Broccoli	C Italian Roll/Marg	*	C Cinn. Raisin Bread/Marg	•
C Peanut Butter Cookie 1% Milk Monday 12/11/2023 12/11/2023 12/13	C WG Dinner Roll/Marg	_	•	Ĭ	C Chocolate Brownie
Monday	C Peanut Butter Cookie		1% Milk	C Sour Cream PC	1% Milk
12/11/2023 12/12/2023 12/13/2023 12/13/2023 12/14/2023 12/14/2023 12/14/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/15/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/15/2023	1% Milk	_		1% Milk	
12/11/2023 12/12/2023 12/13/2023 12/13/2023 12/14/2023 12/14/2023 12/14/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/15/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/14/2023 12/15/2023 12/14/2023 12/15/2023					
H. Potato Crunch Fish Filet H. Dicad Sweet Potatoes H. Diced Sweet Potatoes H. Diced Sweet Potatoes H. Diced Sweet Potatoes H. Diced Sweet Potatoes H. Country Fried Steak & Brown Gravy H. Country Blend Veggies C. WG Dinner Roll/Marg C. Fresh Pear C. Vienna Bread Slice/Marg 1% Milk Monday 12/18/2023 H. Salisbury Steak & Brown Gravy H. Diced Sweet Potatoes C. WG Dinner Roll/Marg C. Ambrosia Salad 1% Milk Monday 12/18/2023 H. Salisbury Steak & Brown Gravy H. Diced Baby Red Potatoes C. WG Bread Slice/Marg C. WG Bread Slice/Marg C. WG Dinner Roll/Marg C. Fresh Banana 1% Milk Mednesday 12/20/2023 H. Salisbury Steak & Brown Gravy H. Diced Roast Beef & H. Potatoes O'Brien C. Potato Salad C. WG Hamburger Bun C. WG Hamburger Bun C. Fresh Banana C. Friday C. Fresh Banana C. WG Milk Mi	Monday	Tuesday	Wednesday	Thursday	Friday
Filet H Country Fried Steak & Brown Gravy H Garlic Whipped Potatoes H Country Blend Veggies C Fresh Pear C Vienna Bread Slice/Marg 1% Milk	12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
H Diced Sweet Potatoes H Zucchini & Tomatoes C WG Dinner Roll/Marg C Fresh Pear C Vienna Bread Slice/Marg 1% Milk Monday 12/19/2023 H Salisbury Steak & Brown Gravy H Diced Baby Red Potatoes H Potatoes H Corn Casserole H Potatoes O'Brien C Plain Cake Square H Country Gravy C Plain Cake Square H Country Gravy C Buttermilk Biscuit/Marg C Fresh Banana 1% Milk Mednesday 12/19/2023 H Salisbury Steak & H 10 Grain Fish Filet H Broccoli Cuts H Diced Baby Red Potatoes H Corn Casserole H Corn Casserole H Corn Casserole F Parslied Carrots C WG Bread Slice/Marg C Fruit Cocktail Tw Milk Monday Tuesday Tuesday H Corn Casserole H Corn Casserole H Corn Casserole H Green Beans Almondine C WG Petite Roll/Marg C C Fresh Banana 1% Milk Mednesday 12/20/2023 12/21/2023 12/21/2023 12/22/2023 12/22/2023 12/22/2023 12/22/2023 12/22/2023 12/21/202	H Potato Crunch Fish	National Ambrosia Day	H Baked Ham	Nat. Biscuits & Gravy Day	H BBQ Chicken Breast
H Zucchini & Tomatoes C WG Dinner Roll/Marg C Fresh Pear C Vienna Bread Slice/Marg 1% Milk Monday 12/18/2023 H Salisbury Steak & Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C WG Bread Slice/Marg C Sour Dough Roll/Marg C Fruit Cocktail Monday Tuesday Tuesday Tuesday H Country Blend Veggies C Plain Cake Square H Country Gravy C Plain Cake Square H Country Gravy C Buttermilk Biscuit/Marg C Buttermilk Biscuit/Marg C Fresh Banana 1% Milk Tuesday 12/19/2023 Tuesday Thursday Thursday Tuesday Thursday Terday Tomato Cream Sauc H Salisbury Steak & Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C WG Bread Slice/Marg C Fruit Cocktail T Wednesday Thursday Tomato Cream Pie C WG Petite Roll/Marg C C Kaiser Bun C Rayles Red Potatoes C C WG Petite Roll/Marg C C Kaiser Bun C Applesauce Twiting Thursday Tomato Cream C C Italian Roll/Marg C Kaiser Bun C Applesauce Twiting Thursday Tomato Cream Sauc C C WG Petite Roll/Marg C C Kaiser Bun C Pears & Strawberries Twiting Thursday Thursday Tomato Cream Sauc C C Raylesauce The Country Steak C Potato Salad C WG Hamburger Bun Twisday Thirisday Thursday Toward C Potato Salad C WG Hamburger Bun Twisday Thursday Toward C WG Patite Roll/Marg C Leaf Lettuce/Slice Tomato C Kaiser Bun C Applesauce The Country Steak C Wallk Thursday Thursday Friday	Filet	H Country Fried Steak &	H Twice Baked Whip Potato	H Western Omelet in	H Green & Gold Beans
C WG Dinner Roll/Marg C Fresh Pear C Vienna Bread Slice/Marg 1% Milk C Ambrosia Salad 1% Milk Monday 12/18/2023 H Salisbury Steak & H 10 Grain Fish Filet Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C Sour Dough Roll/Marg C Sour Dough Roll/Marg C Freiday 1% Milk Monday Tuesday 1/2 Milk C Plain Cake Square 1% Milk C Buttermilk Biscuit/Marg C Fresh Banana 1% Milk 1% Milk Thursday 12/20/2023 12/20/2023 12/21/20	H Diced Sweet Potatoes	Brown Gravy	H Cheesy Broccoli	Cheese Sauce	H Pineapple Tidbits
C Fresh Pear 1% Milk C Ambrosia Salad 1% Milk Monday 12/18/2023 H Salisbury Steak & H 10 Grain Fish Filet Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C Sour Dough Roll/Marg C Fruit Cocktail C Vienna Bread Slice/Marg C Fresh Banana 1% Milk Mednesday 12/19/2023 H Sliced Roast Beef & National Hamburger Day H Whipped Potatoes H Green Beans Almondine C WG Petite Roll/Marg C Fruit Cocktail C G C Cherry Cheesecake Pudding C Fresh Banana 1% Milk C Buttermilk Biscuit/Marg C Fresh Banana 1% Milk National Hamburger Day H Sausage & Cavatapp Tomato Cream Sauc H Potato Wedges H Roasted Baby Carrot C WG Petite Roll/Marg C Leaf Lettuce/Slice Tomato C Applesauce 1% Milk Monday Tuesday Wednesday Thursday Friday	H Zucchini & Tomatoes	H Garlic Whipped Potatoes	C WG Dinner Roll/Marg	H Potatoes O'Brien	C Potato Salad
C Fresh Pear 1% Milk C Ambrosia Salad 1% Milk Monday 12/18/2023 H Salisbury Steak & H 10 Grain Fish Filet Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C Sour Dough Roll/Marg C Fruit Cocktail T C Vienna Bread Slice/Marg C Fresh Banana 1% Milk Monday 12/19/2023 12/20/2023 H Sliced Roast Beef & National Hamburger Day H Whipped Potatoes H Corn Casserole C WG Bread Slice/Marg C Fruit Cocktail T C Oatmeal Cream Pie C C C C C C C C C C C C C C C C C C C	C WG Dinner Roll/Marg	H Country Blend Veggies	C Plain Cake Square	H Country Gravy	C WG Hamburger Bun
Monday 12/18/2023 12/19/2023 12/20/2023 12/20/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/22/2023 12/21/2023 12/21/2023 12/22/2023 12/21/2023 12/21/2023 12/22/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/22/2023 12/21/2023 12/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2023 12/21/2	C Fresh Pear	C Vienna Bread Slice/Marg	1% Milk	C Buttermilk Biscuit/Marg	
Monday 12/18/2023 12/19/2023 12/20/2023 12/21/2023 12/2	1% Milk	C Ambrosia Salad		C Fresh Banana	
12/18/2023 H Salisbury Steak & H 10 Grain Fish Filet Brown Gravy H Broccoli Cuts Brown Gravy H Corn Casserole H Parslied Carrots C Sour Dough Roll/Marg C Fruit Cocktail C Tartar Sauce PC 1% Milk Monday 12/19/2023 12/20/2023 12/20/2023 12/20/2023 12/20/2023 12/21/2023 12/20/2024 1/2		1% Milk		1% Milk	
H Salisbury Steak & H 10 Grain Fish Filet Brown Gravy H Broccoli Cuts Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C WG Bread Slice/Marg C Sour Dough Roll/Marg C Tartar Sauce PC 1% Milk H 10 Grain Fish Filet Brown Gravy H Saliced Roast Beef & Brown Gravy H Hamburger Day H Hamburger Patty Tomato Cream Sauce H Potato Wedges H Roasted Baby Carrot H Potato Wedges H Roasted Baby Carrot C WG Petite Roll/Marg C Leaf Lettuce/Slice Tomato C Italian Roll/Marg C Applesauce 1% Milk Pears & Strawberries 1% Milk Friday Monday Tuesday Wednesday Thursday Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Brown Gravy H Diced Baby Red Potatoes H Parslied Carrots C Sour Dough Roll/Marg C Fruit Cocktail 1% Milk Monday H Broccoli Cuts Brown Gravy H Whipped Potatoes H Whipped Potatoes H Whipped Potatoes H Green Beans Almondine C WG Petite Roll/Marg C C Heaf Lettuce/Slice Tomato C Ream Sauce H Potato Wedges H Potato Wedges H Peas C Leaf Lettuce/Slice Tomato C Kaiser Bun C Pears & Strawberries 1% Milk Mednesday Tomato Cream Sauce H Roasted Baby Carrot C Leaf Lettuce/Slice Tomato C Applesauce 1% Milk Thursday Friday	12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
H Diced Baby Red Potatoes H Parslied Carrots C WG Bread Slice/Marg C Sour Dough Roll/Marg C Fruit Cocktail C Tartar Sauce PC 1% Milk Monday H Corn Casserole H Whipped Potatoes H Green Beans Almondine C WG Petite Roll/Marg C C Cherry Cheesecake Pudding 1% Milk H Potato Wedges H Peas H Cauliflower C Leaf Lettuce/Slice Tomato C Kaiser Bun C Pears & Strawberries 1% Milk Mednesday Tuesday Wednesday Thursday Friday	H Salisbury Steak &	H 10 Grain Fish Filet	H Sliced Roast Beef &	National Hamburger Day	H Sausage & Cavatappi in
H Parslied Carrots C WG Bread Slice/Marg C Sour Dough Roll/Marg C Fruit Cocktail C Tartar Sauce PC 1% Milk H Green Beans Almondine C WG Petite Roll/Marg C C Leaf Lettuce/Slice Tomato C Kaiser Bun C Pears & Strawberries 1% Milk Monday Tuesday Wednesday H Cauliflower C Italian Roll/Marg C Applesauce 1 % Milk Friday	Brown Gravy	H Broccoli Cuts	Brown Gravy	H Hamburger Patty	Tomato Cream Sauce
C Sour Dough Roll/Marg C Fruit Cocktail C Tartar Sauce PC 1% Milk C Tuesday C WG Petite Roll/Marg C C Leaf Lettuce/Slice Tomato C Kaiser Bun C Rears & Strawberries 1% Milk C Pears & Strawberries 1% Milk Thursday C Italian Roll/Marg C Applesauce 1% Milk Friday	H Diced Baby Red Potatoes	H Corn Casserole	H Whipped Potatoes	H Potato Wedges	H Roasted Baby Carrots
C Fruit Cocktail C Tartar Sauce PC 1% Milk C Pears & Strawberries 1% Milk Monday C Kaiser Bun C Pears & Strawberries 1% Milk Tuesday C Applesauce 1% Milk Thursday Friday	H Parslied Carrots	C WG Bread Slice/Marg	H Green Beans Almondine	H Peas	H Cauliflower
1% Milk 1% Milk 1% Milk C Pears & Strawberries 1% Milk Monday Tuesday Wednesday Thursday Friday	C Sour Dough Roll/Marg	C Oatmeal Cream Pie	C WG Petite Roll/Marg	C Leaf Lettuce/Slice Tomato	C Italian Roll/Marg
Monday Tuesday Wednesday Thursday Friday	C Fruit Cocktail	C Tartar Sauce PC	C Cherry Cheesecake Pudding	C Kaiser Bun	C Applesauce
Monday Tuesday Wednesday Thursday Friday	1% Milk	1% Milk	1% Milk	C Pears & Strawberries	1% Milk
				1% Milk	
12/25/2023 12/26/2023 12/27/2023 12/28/2023 12/29/2023	Monday	Tuesday	Wednesday	Thursday	Friday
	12/25/2023	12/26/2023	12/27/2023	12/28/2023	12/29/2023
Christmas Day H Beef & 3 Bean Chili H Swedish Meatballs H Ham & Beans	Christmas Day		H Beef & 3 Bean Chili	H Swedish Meatballs	H Ham & Beans
Observance Grab and Go Closed H Broccoli Cuts H 1/2 Baked Potato H Carrot Coins	Observance	Grab and Go Closed	H Broccoli Cuts	H 1/2 Baked Potato	H Carrot Coins
H Cinnamon Apples H Stewed Tomatoes H Cornbread Square			H Cinnamon Apples	H Stewed Tomatoes	H Cornbread Square
		No GNG Meals Today	* *	C WG Dinner Roll/Marg	C Mixed Greens Salad
		,	, and the second		C Dressing PC/Marg PC
C Sour Cream PC C Fruit Cocktail				_	
				C Sour Cream PC	C Fruit Cocktail
1170 191111				C Sour Cream PC 1% Milk	1% Milk