

# DIET MENU

## AUGUST 2026

MENUS ARE SUBJECT TO CHANGE  
DUE TO AVAILABILITY

Monday 8/3/2026	Tuesday 8/4/2026	Wednesday 8/5/2026	Thursday 8/6/2026	Friday 8/7/2026
H Chicken Breast in Gravy H Spanish Rice H Chuckwagon Corn C WG Breadstick/Marg C Peach Yogurt 1% Milk	H Meatloaf in Onion Gravy H Ranch Whip Potatoes H Brussels Sprouts C WG Dinner Roll/Marg C Choc. Chip Cookie OR Diet Cookie for Diabetics 1% Milk	H Pork Chop in Gravy H 1/2 Baked Potato H California Blend Veggies C WG Petite Roll/Marg C Apricot Halves 1% Milk	H Potato Crunch Fish H Garlic Roasted Diced Reds H Green Beans C Rye Bread Slice/Marg C Tartar Sauce C Sliced Peaches 1% Milk	H Meatballs & Gravy H Mashed Potatoes H Broccoli C Honey Wheat Bread/Marg C Nutty Buddy Stick 1% Milk
Monday 8/10/2026	Tuesday 8/11/2026	Wednesday 8/12/2026	Thursday 8/13/2026	Friday 8/14/2026
H Grilled Chicken Sandwich H Peas H Potato Wedges C WG Hamburger Bun C Mandarin Oranges 1% Milk	H Meatballs in Marinara H Winter Blend Vegetables H Cinnamon Pears C Mixed Greens Side Salad C WG Breadstick C Dressing 1% Milk	H Beef Patty in Gravy H Mashed Potatoes H Green Beans C WG Dinner Roll/Marg C Plain Cake Square 1% Milk	H Meatballs in Gravy H Brown Rice Pilaf H Peas & Carrots C Dinner Roll/Marg C Strawberries & Peaches 1% Milk	H Chicken Marsala H Mashed Potatoes H Green Beans C WG Breadstick/Marg C Orange Creamsicle Pudding 1% Milk
Monday 8/17/2026	Tuesday 8/18/2026	Wednesday 8/19/2026	Thursday 8/20/2026	Friday 8/21/2026
H 10 Grain Fish H Brown Rice Pilaf H Diced Carrots C WG Dinner Roll/Marg C Mandarin Oranges C Tartar Sauce 1% Milk	H Sliced Turkey & Gravy H Chessy Mashed Potatoes H Corn C WG Breadstick/Marg C Apricot Halves 1% Milk	H Sloppy Joe Sandwich H Scalloped Potatoes H Mixed Vegetables C WG Hamburger Bun C Strawberries & Peaches OR Peaches for Diabetics 1% Milk	C1 Cranberry Chicken Salad C1 Leaf Lettuce & Tomato Slice C1 Fresh Carrot Chips C WG Mini Coney Bun C Fresh Orange 1% Milk	H Chicken Breast in Gravy H California Blend Veggies H Brussel Sprouts C WG Dinner Roll/Marg C Snickerdoodle Cookie OR Diet Cookie for Diabetics 1% Milk
Monday 8/24/2026	Tuesday 8/25/2026	Wednesday 8/26/2026	Thursday 8/27/2026	Friday 8/28/2026
H Oven Fried Chicken Breast H Carrot Coins H Winter Blend Veggies C Maple Leige Waffle C Cinnamon Apples OR Pears for Diabetics 1% Milk	H Chicken Breast in Chicken Gravy H Wild Rice H Mixed Vegetables C WG Dinner Roll/Marg C Strawberries & Peaches OR Peaches for Diabetics 1% Milk	H Beef Patty in Gravy H Mashed Potatoes H Brussels Sprouts C WG Breadstick/Marg C Fresh Apple	H BBQ Meatballs H Diced Sweet Potatoes H Mixed Vegetables C 100% Wheat Bread/Marg C Cherry Vanilla Yogurt PC OR Diet Pudding for Diabetics 1% Milk	H Hamburger Patty H Potato Medley H Cauliflower C WG Hamburger Bun C Oatmeal Cream Pie 1% Milk
Monday 8/31/2026	<p><b>Please call our office by 9am to cancel your meal for the day!</b></p>			
H Chicken Breast in Country Gravy H Ranch Mashed Potatoes H Peas & Carrots C WG Breadstick/Marg C Nutty Buddy Stick 1% Milk				

**\*\*These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds\*\***