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LIFESTYLE EXPO

HEALTH INFORMATION

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WHISPERING ROOTS FARM STAND

SEPTEMBER 20, 2024

STEP OUT FOR SENIORS WALKATHON





The Eastern Nebraska Office on Aging (ENOA) Nutrition Division and the City of Omaha Parks and Recreation are proud to sponsor this event.

The walkathon is a fundraiser to help update programming and services at the 19 senior centers in the Eastern Nebraska area. All ages are welcome at the walkathon.

Sign-in begins at 8:30am and the walk will start at 9:00am. There will also be a Lifestyle Exposition showcasing a wide variety of products and services.

Whispering Roots will have a Farm Stand and Farmer's Market vouchers will be accepted.

Register NOW \$5 per person/if pre-registered before September 20, 2024, \$10 day of walkathon.

Registration forms can be obtained at any senior center and at enoa.org.



BENSON PARK
 7028 Military Avenue | Omaha, NE

Friday, September 20, 2024
@ 9:00 am

For more information Contact
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