## DECEMBER

## EASTERN NEBRASKA OFFICE ON AGING

## CONG MEAL

Monday	Tuesday	Wednesday	Thursday	Friday
12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
Chicken Cordon Bleu	Nat. Green Bean Cass. Day	Italian Goulash with	Sweet & Sour Chicken Breast	Nat. Brownie Day
with Swiss Mornay Sauce	Open Faced Roast Beef Sand.	WG Elbow Noodles	Peas & Carrots	Seafood Chowder
Diced Potatoes	on WG Bread Slice with	Stewed Tomatoes	Brown Rice Pilaf	Garlic & Butter Diced Reds
Broccoli	Brown Gravy	Mixed Greens Salad/Dress	Cinnamon Raisin Bread/Marg	Mixed Vegetables
WG Dinner Roll/Marg	Garlic Mashed Potatoes	Italian Roll/Marg	Fruit Mix	Marble Bread Slice/Marg
Sliced Pears	Green Bean Casserole	Pineapple Tidbits	1% or Skim Milk	Chocolate Brownie
1% or Skim Milk	Peach Yogurt PC	1% or Skim Milk		or Diet Cookies
	or Diet Pudding			1% or Skim Milk
	1% or Skim Milk			
Monday	Tuesday	Wednesday	Thursday	Friday
12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
Pear & Root Veg Month	Western Omelet in	Baked Ham	Country Fried Steak &	BBQ Chicken Breast
Oven Fried Chicken Breast	Cheese Sauce	Baked Potato/Sour Cream PC	Brown Gravy	on WG Hamburger Bun
with Country Gravy	Potatoes O'Brien	Cheesy Broccoli	Garlic Whipped Potatoes	Green & Gold Beans
Diced Sweet Potatoes	Blueberry Muffin/Marg	WG Dinner Roll/Marg	Country Blend Vegetables	Potato Salad
Zucchini & Tomatoes	Cinnamon Applesauce	Decorated Birthday Cake	Vienna Bread Slice/Marg	Ambrosia Salad
WG Dinner Roll/Marg	1% or Skim Milk	or Plain Cake Square	Fruit Mix	1% or Skim Milk
Fresh Pear		1% or Skim Milk	1% or Skim Milk	
1% or Skim Milk				
Monday	Tuesday	Wednesday	Thursday	Friday
12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
Sausage & Penne in	Potato Crunch Fish Filet	National Baked Cookie Day	Cheeseburger on	BBQ Pork Rib Patty
Tomato Cream Sauce	w/ Tartar Sauce PC	Sliced Roast Beef & Gravy	WG Hamburger Bun	on WG Mini Hoagie Bun
Roasted Baby Carrots	Broccoli Cuts	Whipped Potatoes	w/ Lettuce, Pickles,	Diced Baby Red Potatoes
Cauliflower	Corn Casserole	Green Beans Almondine	Sliced Onion & Tomato	Chuckwagon Corn
Italian Roll/Marg	WG Bread Slice/Marg	WG Petite Roll/Marg	Potato Wedges	Strawberries & Peaches
Applesauce	Oatmeal Cream Pie	White Choc. Cranberry Cookie	_	1% or Skim Milk
1% or Skim Milk	or Diet Cookies	or Diet Cookies	1% or Skim Milk	
	1% or Skim Milk	1% or Skim Milk		
Monday	Tuesday	Wednesday	Thursday	Friday
12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
Swedish Meatballs	Beef & Three Bean Chili	Christmas Day	Cheeseburger Mac with	Ham & Beans
Sweet Potato Wedges	Broccoli Cuts	Observance	WG Elbow Pasta	Potato Medley
-			Winter Blend Vegetables	Chuckwagon Corn
Stewed Tomatoes	WG Breadstick	No Moole	Winter Blend Vegetables Green Beans	Chuckwagon Corn Combread Square/Marg
Stewed Tomatoes WG Dinner Roll/Marg	WG Breadstick Cinnamon Apples	No Meals	Green Beans	Cornbread Square/Marg
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding	WG Breadstick		Green Beans Fudge Round	Cornbread Square/Marg Honey PC
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding	WG Breadstick Cinnamon Apples	Senior Center	Green Beans Fudge Round or Diet Cookies	Cornbread Square/Marg Honey PC Fruit Cocktail
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk	WG Breadstick Cinnamon Apples 1% or Skim Milk		Green Beans Fudge Round	Cornbread Square/Marg Honey PC
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk Monday	WG Breadstick Cinnamon Apples 1% or Skim Milk <b>Tuesday</b>	Senior Center	Green Beans Fudge Round or Diet Cookies	Cornbread Square/Marg Honey PC Fruit Cocktail
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk Monday 12/30/2024	WG Breadstick Cinnamon Apples 1% or Skim Milk Tuesday 12/31/2024	Senior Center	Green Beans Fudge Round or Diet Cookies	Cornbread Square/Marg Honey PC Fruit Cocktail
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk Monday 12/30/2024 Chicken Marsala	WG Breadstick Cinnamon Apples 1% or Skim Milk Tuesday 12/31/2024 Pot Roast in Gravy	Senior Center	Green Beans Fudge Round or Diet Cookies	Cornbread Square/Marg Honey PC Fruit Cocktail
Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk Monday 12/30/2024 Chicken Marsala Diced Sweet Potatoes	WG Breadstick Cinnamon Apples 1% or Skim Milk Tuesday 12/31/2024 Pot Roast in Gravy Mashed Potatoes	Senior Center	Green Beans Fudge Round or Diet Cookies	Cornbread Square/Marg Honey PC Fruit Cocktail
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