## **EASTERN NEBRASKA OFFICE ON AGING**

Mondov	Tuesday	Wadnaaday	Thursday	Friday
Monday	Tuesday	Wednesday	Thursday	Friday
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
	H Chicken Broccoli Alfredo	H Meatloaf with Tomato	H Bratwurst	H Potato Crusted Fish
MOW CLOSED	with WG Penne Pasta	Gravy	H Kraut & Cabbage	H Potato Medley
LABOR DAY	H Peas	H 1/2 Baked Potato	H Chuckwagon Corn	H California Blend Veggies
LABOR DAY	H Diced Carrots	H Mixed Vegetables	C WG Hot Dog Bun	C WG Petite Roll/Marg
	C WG Dinner Roll/Marg	C Hearth Roll/Marg	C Vanilla Pudding	C Pineapple Tidbits
	C Mandarin Oranges	C Choc. Chip Cookie	1% Milk	C Tartar Sauce
	1% Milk	C Sour Cream PC		1% Milk
		1% Milk		
8				
Monday	Tuesday	Wednesday	Thursday	Friday
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
H Pork Fritter & Gravy	H All Beef Jumbo Frank	H Sliced Roast Beef &	H Chicken Breast w/ Creamy	H Sloppy Joe Sandwich
H Ranch Mashed Potatoes	H Potato Wedges	Gravy	Pesto Sauce	H Cheesy Hashbrowns
H Peas & Carrots	H Corn	H Mashed Potatoes	H Wild Rice	H Broccoli
C WG Breadstick/Marg	C WG Hot Dog Bun	H Diced Beets	H Honey Roasted Baby	C WG Hamburger Bun
C Cinnamon Apples	C Fruit Cocktail	C WG Bread Slice/Marg	Carrots	C Fudge Round
1% Milk	1% Milk	C Plain Cake Square	C WG Dinner Roll/Marg	1% Milk
1 70 WHK	1 70 WIIIK	1% Milk	C Mandarin Oranges	1 70 Milk
		1 76 WIIIK		
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Monday	Tuesday	Wednesday	Thursday	Friday
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
H Chicken Marsala	H Taco Joe Sandwich	H Salisbury Steak in Gravy	National Cheeseburger Day	Butterscotch Pudding Day
H Diced Sweet Potatoes	H Potato Wedges	H Cheesy Mashed Potatoes	H Hamburger Patty	H 10 Grain Fish
H Zucchini & Tomatoes	H Fiesta Corn	H Peas & Carrots	H Potato Wedges	H Twice Baked Mash Potatoes
C Heavy Hearth Roll/Marg	C WG Hamburger Bun	C WG Bread Slice/Marg	H Broccoli	H Green Beans
C Apricot Halves	C Peaches & Strawberries	C Mandarin Oranges	C Lettuce & Tomato	C WG Dinner Roll/Marg
1% Milk	1% Milk	1% Milk	C WG Hamburger Bun	C Butterscotch Pudding
			C Oatmeal Cream Pie	C Tartar Sauce PC
			1% Milk	1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
H Cheeseburger Macaroni	H Chicken Philly Sandwich	H Pulled Pork Sandwich	H Sliced Turkey & Gravy	H Western Omelet with
with WG Elbow Noodles	H Sweet Potato Wedges	H Scalloped Potatoes	H Mashed Potatoes	Cheese Sauce
H Broccoli	H California Blend Veggies	H Carrot Coins	H Broccoli	H Potatoes O'Brien
H Cauliflower	C WG Mini Hoagie Bun	C Kaiser Bun	C WG Dinner Roll/Marg	H Strawberry Applesauce
C WG Breadstick/Marg	C Mandarin Oranges	C Strawberries & Pears	C Chocolate Chip Cookie	C Iced Donut
C Fruit Cocktail	1% Milk	1% Milk	1% Milk	1% Milk
1% Milk	. , , ,	. , , ,	. , , , , , , , , , , , , , , , , , , ,	. , , , , , , , , , , , , , , , , , , ,
70				
Monday	Tuesday			
9/29/2025	9/30/2025		***=	
H Chicken Piccata	H BBQ Pork Rib Patty		OD	
	•		SIIK I	AY
H Brown Rice Pilaf	H Diced Carrots			2 2 2
H Country Blend Veggies	H Cinnamon Apples			
C Marble Bread Slice/Marg	C Potato Salad		A A M II TO	
C Strawberries & Peaches	C WG Hamburger Bun			
1% Milk	1% Milk	THANK YO	U FOR YOUR H	ARD WORK

Allison S. Adrian
Allison S. Adrian, CDM, CFPP
ENOA Director of Nutrition Services

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\*\*These Meals may containe the following allergens: Peanuts, tree nuts, seafood, shellfish, soy eggs, milk, wheat and sesame seeds\*\*