



March 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Tacos w/ Flour Tortilla	Mongolian Beef	Chicken Lentil Soup w/ Carrots, Celery & Potatoes	Salisbury Steak w/ Mushroom Mashed Potatoes w/ Gravy	Tilapia Scalloped Potatoes
Pico de Gallo	Broccoli w/ Bell Pepper	Crackers	Green Beans	Cesar Salad
Yellow Rice	White Rice	White Rice	Melon	Dinner Roll
Pineapple	Sliced Apple	Oranges	Milk	Strawberries & Bananas
Milk	Milk	Milk		Milk
9	10	11	12	13
Chicken Noodle Soup w/ Celery & Carrots	Beef Fajitas w/ Bell Pepper, Tomato & Onion	Cheeseburger w/ Lettuce, Tomato & Onion	Grilled Ham & Cheese Sandwich Broccoli Soup	Shrimp Fried Rice w/ Veggies
Garlic Bread	Refried Beans	Tater Tots	Carrots	Cucumber Salad
Corn Casserole	Tortillas	Mixed Fruit	Grapes	Pineapple
Apples	Mandarin	Milk	Milk	Milk
Milk	Milk			
16	17	18	19	20
Chicken Lo Mein w/ Bell Peppers, Onions, Cabbage, Carrots	Corned Beef w/ Potatoes & Carrots	Sausage Pizza Cesear Salad	Beef & Vegetable Soup Mexican Rice	Seafood Chowder Garlic Bread
Sauteed Broccoli	Cooked Cabbage	Corn Casserole	Cesar Salad	Mixed Vegetables
Apples	Dinner Roll	Pineapple	Mandarin Oranges	Mixed Fruit
Milk	Orange Slices	Milk	Milk	Milk
23	24	25	26	27
Al Pastor Tacos w/ Cilantro & Onion	Sliced Turkey w/ Gravy Mashed Potatoes	Chicken Enchiladas Shredded Lettuce & Tomatoes	Green Pork Pasole Cabbage & Raddishes	Fish Tacos w/ Flour Tortilla Pico de Gallo
Mexican Rice	Green Beans	Yellow Rice	Tortilla Chips	Yellow Rice
Pinto Beans	White Bread	Grapes	Mandarin Oranges	Pineapple
Pineapple	Apples	Milk	Milk	Milk
Milk	Milk			
30	31			
Meatloaf	Ham & Potato Cheddar Soup	Remember to call before 9:30 to reserve your lunch 402-444-6529		
Mashed Potatoes	Dinner Roll			
Corn	Cooked Carrots			
Ambrosia Salad	Sliced Peaches			
Milk	Milk			

PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood* Shellfish * Soy * Eggs * Milk * Wheat * Sesame.

Intercultural Senior Center (402) 444-6529
5545 Center Street Omaha, NE 68106
www.interculturalseniorcenter.org