Intercultural SENIOR CENTER		JANUARY 2025		* Calendar is subject to change without notice
Monday	Tuesday	Wednesday	Thursday	Friday
		1		2
Happy	New Year	2025	CLOSED TO SENIORS	
6	-	8		0 10
	7			Vegetable Fried Rice
Refried Bean Tostada	Vegetables Fajitas	Vegetable Wrap	Cheese Quesadilla	_
Luttuce, Tomato, Sour Cream	Red Bell Peppers & Tomato	Mashed Potato	Tator Tots	Cucumber Salad
Creamed Corn	White Rice	Corn in a Cob	Corn Casserole w/ Bell Peppers	Wheat Bread
Pineapple	Tortilla	Dinner Roll	Manderin	Mix Fruit
	Banana	Grapes		
20 21 22				23 24
Cheese and Beans Popusas	Quinoa Tacos	Fettuccine Alfredo Pasta	Grilled Cheese Sandwich	Black Bean Taco Soup
Cabbage Salad	w/ Cilantro & Onions	Grilled Zucchinni	French Fries	w/ Bell Pepper, Tomatoe & Onion
Baked Sweet Potatoe	Mexican Rice	Garlic Bread	Green Beans	Corn in the Cob
Chocolate Chip Cookie	Steamed Corn	Nectarine	Apple Slices	Dinner Roll
Grapes	Banana			Orange
27	28	29		30 3
Cheese Quesadilla	Quinoa Hard Shell Tacos	Lentils w/ Cilantro & Onions	Noodle Soup	Lo Mein/Noodles
w/ Tomato & Lettuce	w/ Lettuce, Tomatoe, Sour Cream	Baked Potatoe w/ Sour Cream	w/ Carrots, Celery & Potatoes	Baby Carrots
Refried Beans	Yellow Rice	Cesar Salad	Steamed Broccoli	Sliced Bread
Apple Slices	Strawberries	Dinner Roll	Sliced Bread	Mandarin
**		Orange	Banana	
PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood* Shellfish * Soy * Eggs * Milk * Wheat * Sesame.				
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