

Eastern Nebraska Office on Aging

June 2022

Meals on Wheels Menus

		<p align="center">Wednesday 6/1/2022</p> <p>Cheesy Chicken Breast Fiesta Rice Fiesta Bean Trio WG Breadstick/Marg Fruit Cocktail 1% Milk</p>	<p align="center">Thursday 6/2/2022</p> <p>BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Coney Bun Peaches & Strawberries 1% Milk</p>	<p align="center">Friday 6/3/2022</p> <p>Meatloaf in Gravy Mashed Potatoes Zucchini & Tomatoes WG Dinner Roll/Marg Oatmeal Cream Pie 1% Milk</p>
		<p align="center">Monday 6/6/2022</p> <p>Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potatoes Green Peas Marble Bread/Marg Chocolate Pudding 1% Milk</p>	<p align="center">Tuesday 6/7/2022</p> <p>Country Fried Steak w/ Country Gravy Mashed Potatoes Green & Gold Beans Vienna Bread Slice/Marg Diced Peaches 1% Milk</p>	<p align="center">Wednesday 6/8/2022</p> <p>Sliced Roast Beef in Brown Gravy Garlic Mashed Potatoes Mixed Vegetables WG Dinner Roll/Marg Plain Cake Square 1% Milk</p>
<p align="center">Monday 6/13/2022</p> <p>Sweet & Sour Chicken Brown Rice Pilaf Cabbage & Carrots Cinnamon Raisin Bread Mandarin Oranges 1% Milk</p>	<p align="center">Tuesday 6/14/2022</p> <p>Taco Meat Black Beans Glazed Pineapple Lettuce, Tomato, Cheese 8" Flour Tortilla Taco Sauce PC 1% Milk</p>	<p align="center">Wednesday 6/15/2022</p> <p>Meatball Stroganoff w/ Egg Noodles Diced Glazed Beets Cinnamon Applesauce Mixed Greens Salad Petite Roll/Marg Ranch Dressing PC 1% Milk</p>	<p align="center">Thursday 6/16/2022</p> <p>Pork Chop in Gravy Twice Baked Whip Potato Chuckwagon Corn WG Dinner Roll/Marg Banana Pudding 1% Milk</p>	<p align="center">Friday 6/17/2022</p> <p>Hamburger Patty Potato Medley Green Beans WG Hamburger Bun Rice Krispie Bar Leaf Lett & Slice Tom 1% Milk</p>
<p align="center">Monday 6/20/2022</p> <p>10 Grain Fish Filet Stewed Tomatoes Cheesy Hashbrowns Marble Rye/Marg Fresh Orange C Tartar Sauce PC 1% Milk</p>	<p align="center">Tuesday 6/21/2022</p> <p>Lemon Pepper Chicken Breast White Citrus Rice California Blend Veggies WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk</p>	<p align="center">Wednesday 6/22/2022</p> <p>Beef Ravioli & Marinara Green Beans Fruit Mix Hearth Roll/Marg Mixed Greens Salad Dressing PC 1% Milk</p>	<p align="center">Thursday 6/23/2022</p> <p>Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk</p>	<p align="center">Friday 6/24/2022</p> <p>Turkey Tetrazini with WG Pasta Green Peas Crinkle Cut Carrots WG Breadstick/Marg Chocolate Chip Muffin 1% Milk</p>
<p align="center">Monday 6/27/2022</p> <p>Ground Beef Stew with Vegetables Chuckwagon Corn Fruit Cobbler Buttermilk Biscuit/Marg 1% Milk</p>	<p align="center">Tuesday 6/28/2022</p> <p>Italian Seafood Pasta w/ Creamy White Sauce Spring Blend Veggies Diced Pears WG Breadstick/Marg Mixed Greens Salad Dressing PC 1% Milk</p>	<p align="center">Wednesday 6/29/2022</p> <p>Baked Ham Augratin Potatoes Broccoli WG Dinner Roll/Marg Cinnamon Apples 1% Milk</p>	<p align="center">Thursday 6/30/2022</p> <p>Fire Braised Chx Breast Potato Wedges Roasted Baby Carrots Kaiser Bun Leaf Lett & Slice Tom Diced Peaches 1% Milk</p>	

Final 2/16/2022

Menu subject to change