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What is Telemedicine?

ENOA and GWEP – UNMC



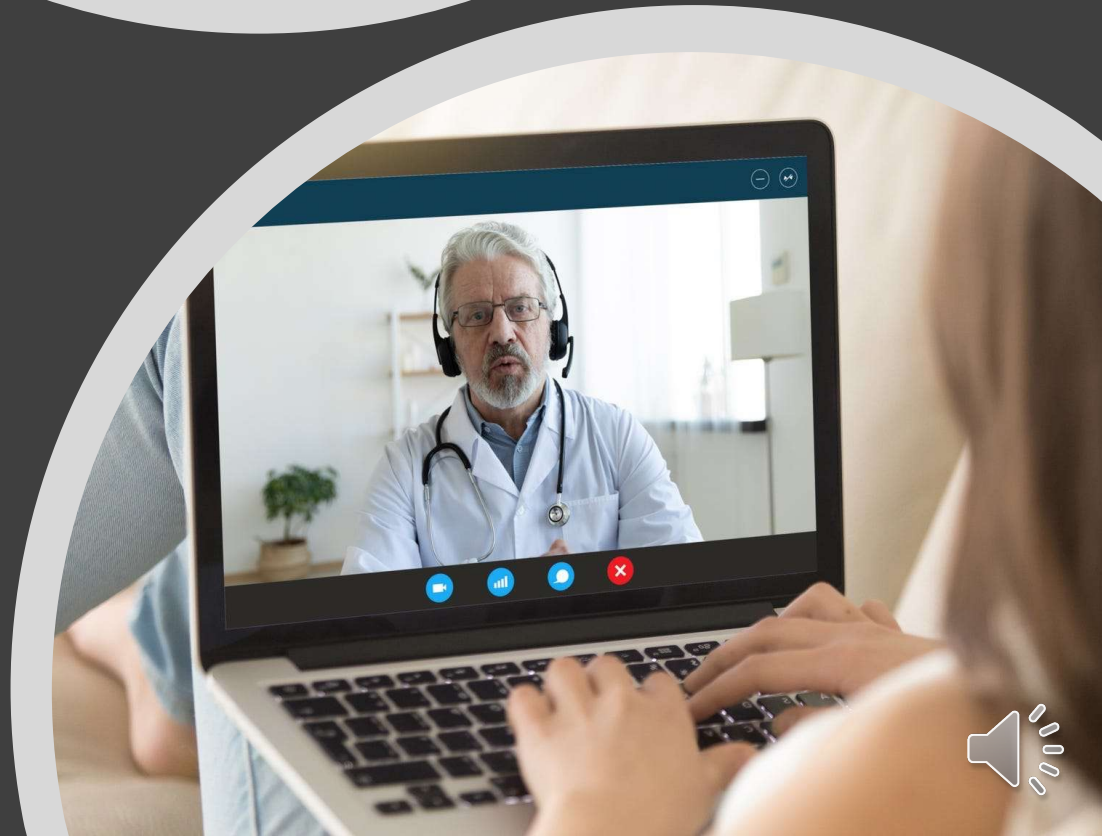
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Are you confused
about Telemedicine?

What even is
telemedicine?

- A way to connect with
you doctor from your
home via
 - PHONE
 - COMPUTER/LAPTOP
 - TABLET



Can I use
telemedicine
for a...

- Sore throat?
- Feeling blue?
- Prescription renewal?
- Annual Physical?
- Sinus Infection?
- Earache?
- Allergies?

YES!

**You can use telemedicine for
all of this and MORE!**



Who Can I See?

- Primary Care!
- Mental Health Providers
 - Psychiatry
 - Counseling
- Specialists
 - Dermatology
 - Cardiology
 - Geriatricians
 - Allergists



How does telemedicine work?

Different at all doctor's offices, but still simple to use!

First – Call your doctor

Tell them what you need to be seen for. Tell them you do not feel comfortable going to clinic and want to be seen at home.

Your doctor's office will schedule you an appointment and give you directions



How do I prepare for my telemedicine visit?

What Device do you have?



If you have a computer or laptop...

1. Does your computer or laptop have a camera?
 - You will likely need to download zoom! -- more information to come later
 - No camera
 - You may need to use a cell phone or a landline!



Do you have a smart phone? Such as an iPhone or an Android?

- You will likely need to download zoom!
 - More directions soon!
- If you have an iPhone, your doctor may suggest FaceTime
 - In this instance, they will call you on your iPhone at your scheduled appointment time
 - This will be a video call and you will be able to see your provider!



Do you have a tablet? Such as an iPad

- You will likely need to download Zoom!
- Your provider may call you over FaceTime, if they prefer that



Do you have a cellphone or landline?

- Your doctor will call you at your scheduled appointment time!



What is Zoom?

Zoom is an application that can be used on a computer or a smartphone/tablet

Zoom allows you talk face to face with your doctor through video chat.



Note: While many doctors and hospitals use zoom for telehealth visits, it is not the only application used. Others used include: Teladoc, MDLIVE, Skype, and Google Hangouts



Do
telemedicine
visits cost
money?

- Yes
- Almost all visits are covered by Medicare and Medicaid
- If you have specific questions about coverage, you should contact your doctor or insurance provider
- You may also contact Senior Health Information Insurance Program (SHIIP) 1-800-234-7119



Is Telemedicine Safe?

- Telemedicine is VERY SAFE.
- The only people who will see your health information is the doctor and their staff.
- All the communication methods use SECURE, SAFE, networks and phone lines that allow you to talk to your doctor.



Is
Telemedicine
private?

Yes – All visits are HIPPA compliant.

Your information will NEVER be shared.

Your visits are PRIVATE!

The only people who have access to your doctor's visit is the you, the doctor, and whoever YOU choose to be there.



Thank you!

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