## Join us!

Why eat alone,
when you can be with
friends at an
ENOA Senior Center.

Serving large portions of friendship, fun & food every weekday.

For more information on ENOA Senior Centers call **402-444-6513** 



The Eastern Nebraska Office on Aging is committed to affirmative action/equal opportunity and does not discriminate in delivering benefits or services.













# **ENOA**

### Senior Centers

A complete listing of the Eastern Nebraska Office on Aging Senior Centers

enoa.org

### Welcome!

The Eastern
Nebraska Office
on Aging's Senior
Centers, located
throughout the fivecounty area, serve as
resource centers in
neighborhoods and



rural communities. Each center hosts a variety of recreation, social and health education activities and serves hot, nutritionally balanced meals.

Designed by a registered dietitian, the meals meet one-third of the recommended dietary allowance of nutrients. But there's more to the story than just a well-balanced meal. At ENOA Senior Centers, friendship and fun are always included on the daily menu.

ENOA Senior Centers are open to



anybody age 60 and older and their spouses (regardless of age). A suggested contribution will be posted at the senior center.

No charge to join – No dues to pay!

### EASTERN NEBRASKA OFFICE ON AGING SENIOR CENTERS

| <b>DOUGLAS COUNTY</b> Adams Park Sr. Ctr (Open M/W/F 9a-3p) Bennington Sr Ctr (Open Wed Only 9a-1p) Camelot Sr Ctr (Open Mon-Fri 10a-3p)  | 3230 John Creighton Blvd<br>322 N. Molley St<br>9270 Cady Ave | 402-444-3237<br>402-502-9264<br>402-444-3091 |
|---|---|--|
| Corrigan Sr Ctr (Open Mon-Fri 8a-4p)<br>Florence Sr Ctr (Open Mon-Fri 10a-3p)   | 3819 X St.<br>2920 Bondesson St.                              | 402-731-7210<br>402-444-6333                 |
| Immanuel Courtyard (Open Mon-Fri 4:30p-5:30p) (Evening meal)  | 6757 Newport Ave, Ste 100                                     | 402-829-2914                                 |
| Intercultural Senior Ctr (Open Mon-Fri 8a-5p) Millard/Montclair Senior Ctr (Open Mon-Fri 9a–2p) NE Urban Indian HIth Ctr (Open Tue, Wed, Thu 10a – 2p) Relaton Ctr (Open Man Set 9a 3a Wed w/l yeah @ 1130a | 5545 Center St.<br>2304 S. 135th Ave.<br>2240 Landon Ct       | 402-444-6529<br>402-546-1270<br>402-346-0902 |
| Ralston Sr Ctr (Open Mon-Sat 8a-2p, Wed w/Lunch @ 11:30a<br>Seven Oaks Sr Ctr (Open Mon—Fri 9a—3p)  | 7301 Q ST, Ste 100<br>3439 State St                           | 402-339-4926<br>402-451-4477                 |
| <b>SARPY COUNTY</b><br>Bellevue Sr Ctr (Open Mon-Fri 8a-4p/Thur 8a-8p)  | 109 W. 22nd Ave.  | 402-293-3041                                 |
| LaVista Sr Ctr (Open Mon-Fri 10a–3p)  | 8116 Parkview Blvd.   | 402-331-3455                                 |
| <b>DODGE COUNTY</b> Dodge Getaway Sr Ctr (Open Thu Only 10a–3p)   | 226 N.Elm St.   | 402-693-2239                                 |
| Fremont Friendship Ctr (Open M-Thu 9a-3p, Fri 9a-1p<br>Hooper Sr Ctr (Open Tue, Wed and Thu 9:30a—1:30p)<br>North Bend Sr Ctr (Open Mon-Fri 8a-1p)  | 1730 W. 16th St.<br>208 N. Main St.<br>240 E. 10th St.        | 402-727-2815<br>402-654-2537<br>402-652-8661 |
| Snyder Sr Ctr (Open Wed Only 9:30a—1:30p)   | 2nd & Elm St  | 402-568-2245                                 |

#### CASS COUNTY

| Eagle Sr Ctr (Open Tue Only 9:30a—2:30p) | 1009 G St.    | 402-337-7367     |
|--|---------------|------------------|
| Elmwood Sr Ctr (Open Mon–Fri 8a–1p)      | 144 N. 4th St | 402-994-2145     |
| Plattsmouth Sr Ctr (Open Mon–Fri 8a–2p)  | 308 S 18th    | 402-296-5800 x 1 |

#### **WASHINGTON COUNTY**

Arlington Sr Ctr (Open Mon-Fri 8:30a-1:30p) Supper Club (Tue 9a-8p) 1st & 3rd Tue of the month *305 N 3rd St 402-478-4774*