

ELMWOOD SENIOR CENTER

SEPTEMBER 2026

α

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Sept. 1	Sept. 2	Sept. 3	Sept. 4
	Chicken, Bacon, ranch Casserole Broccoli Salad Parmesan Cheese Bread Choc. Peanut Butter Crisp Bars 3	Deluxe Fish Sandwich Cole Slaw French Fries Ice Cream Sundae	General Tso's Chicken Rice Egg Roll Tapioca Pudding and Oranges	Grab n Go 4:30 -6 Goulash Salad, Garlic Bread Chocolate Pudding
Sept. 7	Sept. 8	Sept. 9	Sept. 10	Sept. 11
CLOSED LABOR DAY	Sliced Turkey Stuffing Mashed potatoes & Gravy Green Bean Casserole Pumpkin Bars	Beef Ravioli Tossed Salad Garlic Bread Cannoli w/Strawberry Cream	Hearty Tomato Soup Open faced Grilled Cheese w/Bacon Banana Split	4:30-6 Grab n Go 3 Beef Hard Shell Tacos Key Lime Pie K
Sept. 14	Sept. 15	Sept. 16	Sept. 17	Sept. 18
Salisbury Steak Mashed Potatoes and Gravy Broccoli and Cheese Cherry Fruit Crisp	Smothered Buttermilk Chicken w/peas over Biscuit Fried Cabbage with bacon Apple walnut Salad Cookies	Beef Burrito Refried Beans and Rice Chips and Salsa Melon	Chicken Alfredo Tossed Salad Garlic bread Cheese Cake w/Fruit	Grab n Go 4:30-6 Loaded Baked Potato Bar Add ons: Chili, Bacon, Sour Cream Cheese, Broccoli, Ham w/Cup of French Onion Soup and Dessert
Sept. 21	Sept. 22	Sept. 23	Sept. 24	Sept. 25
Asian Glazed Meatballs over Rice French Green Beans Pot Stickers Jello w/Fruit	Swedish Meatballs Mashed Potatoes Cucumber Salad Cranberry Sauce Strawberry Pretzel Dessert	White Chicken Chili Chicken Salad on a Croissant w/Lettuce and Tomato Fruit Cobbler	Cheeseburger Pizza Tossed Salad Bread Stick w/ Marinara Brownies	Grab n Go 4:30-6:00 Sloppy Joe Baked Beans tator Tots & Ice Cream Cup
Sept. 28	Sept. 29	Sept. 30		
Potato Soup Ham Salad Sandwich Cottage Cheese w/Peaches Cookies	Oven Fried Chicken Potato Salad Corn Fruit Pie	Chef Salad Bread Stick Cup of Chicken and Rice Soup Fruit Fluff		

All meals are subject to change

All meals include Milk, Bread and Margarine

\$6.00 per meal

\$7.00 Delivered

Please call for reservations before 9:30 am. Reservations may be called in on prior days between 9-1. 402- 994-2145