

**Eastern Nebraska Office on Aging
Congregate Meals**

November 2023

		Wednesday 11/1/2023	Thursday 11/2/2023	Friday 11/3/2023
		Beef Ravioli in Marinara Sauce Mixed Greens Salad/Dress Green & Gold Beans WG Breadstick/Marg Mandarin Oranges 1% or Skim Milk	National Deviled Egg Day All Beef Chili Dog on WG Hot Dog Bun Deviled Egg Potato Salad Peas & Carrots Pineapple Tidbits 1% or Skim Milk	National Sandwich Day BBQ Chicken Sandwich on Kaiser Bun w/ Leaf Lettuce, Tomato, Sliced Onion & Pickles Potato Wedges Fruit Mix 1% or Skim Milk
Monday 11/6/2023	Tuesday 11/7/2023	Wednesday 11/8/2023	Thursday 11/9/2023	Friday 11/10/2023
National Nachos Day Beef Taco Meat Fiesta Cheese Sauce Chuckwagon Corn Fiesta Bean Salad Nacho Cheese Doritos PC Pineapple & Strawberries 1% or Skim Milk	Baked Ham Broccoli Rice Casserole Honey Glazed Carrots WG Dinner Roll/Marg Fruit Cocktail 1% or Skim Milk	Oven Fried Chicken Breast Whipped Potatoes with Country Gravy Green Beans Italian Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	BBQ Ribbette Patty on WG Hamburger Bun BBQ Baked Beans Winter Blend Vegetables Diced Peaches 1% or Skim Milk	Veteran's Day No Meals Centers will be Closed
Monday 11/13/2023	Tuesday 11/14/2023	Wednesday 11/15/2023	Thursday 11/16/2023	Friday 11/17/2023
Meatloaf in Garlic Mushroom Gravy Scalloped Potatoes Diced Beets WG Breadstick/Marg Mandarin Oranges 1% or Skim Milk	National Pickle Day Cheeseburger on WG Hamburger Bun with Lettuce, Sliced Tomato & Sliced Pickles Potato Wedges Applesauce 1% or Skim Milk	Seafood Chowder Garlic & Butter Diced Reds Country Blend Vegetables WG Dinner Roll/Marg Ambrosia Salad 1% or Skim Milk	Chicken Breast & Chicken Gravy Potato Medley Green Beans Heavy Hearth Roll/Marg Sliced Pears 1% or Skim Milk	Beef & Three Bean Chili Cauliflower WG Breadstick/Marg Bread Pudding 1% or Skim Milk
Monday 10/23/2023	Tuesday 10/24/2023	Wednesday 10/25/2023	Thursday 10/26/2023	Friday 10/27/2023
Taco Joe Sandwich on WG Hamburger Bun Augratin Potatoes Broccoli Pineapple Tidbits 1% or Skim Milk	Swedish Meatballs Baked Potato/Sour Cream Stewed Tomatoes Sour Dough Roll/Marg Strawberry Yogurt Cup or Diet Pudding 1% or Skim Milk	Turkey Breast with Gravy Cornbread Dressing Whipped Potatoes Green Bean Casserole Cranberry Sauce Garnish WG Dinner Roll/Marg Pumpkin Pie & Whip Topping or Diet Pudding 1% or Skim Milk	Thanksgiving Day No Meals Centers will be Closed	Thanksgiving Observance No Meals Centers will be Closed
Monday 11/27/2023	Tuesday 11/28/2023	Wednesday 11/29/2023	Thursday 11/30/2023	
10 Grain Fish Filet Diced Sweet Potatoes Chuckwagon Corn Wheatberry Roll/Marg Sliced Peaches Tartar Sauce PC 1% or Skim Milk	Pulled Pork Sandwich on WG Hamburger Bun Diced Baby Red Potatoes Green Peas Fresh Orange 1% or Skim Milk	Ham & Beans Country Blend Vegetables Mixed Greens Side Salad Dressing PC WG Dinner Roll/Marg Strawberry Shortcake Muffin 1% or Skim Milk	Italian Meatballs in Marinara Sauce Potato Medley Green Beans WG Breadstick/Marg Chocolate Pudding or Diet Pudding 1% or Skim Milk	