

NORTH BEND SENIOR CENTER MENU --- OCTOBER 2024



Happy Halloween

MON

TUE

WED

THUR

FRI



1
CREAMED HAMB OVER MASHED
POTATOES
CORN
FRUIT COCKTAIL
BROWNIES
BREAD/MARG
MILK

2
BEEF CUTLETS
MASH & GRAVY
CARROTS
JELLO W/FRUIT
BREAD/MARG
MILK



3
TUNA & NOODLES
PEAS
STEWED TOMATOES
APPLESAUCE
BREAD/MARG
MILK



**NORTH BEND
SENIOR CENTER**
402-652-8661
HOURS: MON- FRI
8:00 AM -- 1:00 PM



7
GOULASH
LETTUCE
MIXED VEGYS
STRAWBERRY SHORTCAKE
GARLIC BREAD
MILK



8
BOURBON CHIX
BAKED POTATOES
CARROTS
LETTUCE SALAD
PEARS
BREAD/MARG
MILK

9
PORK CUTLETS
MASHED POTATOES
W/GRAVY
GREEN BEANS
MANDARIN ORANGES
MILK



10
PORCUPINE MEATBALLS
AU GRATIN POTATOES
CORN
FRUIT SALAD
BREAD/MARG
MILK

11
BEEF STEW
CORN BREAD
MANDARIN BROCCOLI
SALAD
PUMPKIN BARS
MILK

**LUNCH IS SERVED AT 12:00
MEAL RESERVATIONS MUST
BE CALLED IN THE DAY
BEFORE
MENU SUBJECT TO CHANGE**

14
MEATLOAF
GARLIC MASHED POTATOES W/
GRAVY
GREEN BEANS
LAVA CAKE
PEACHES
BREAD/MARG
MILK

15
PARMESAN GARLIC
MUSHROOM CHICKEN
BAKED POTATOES
CARROTS
PEARS
BREAD/MARG
MILK

16
CHIX NOODLE SOUP
GRILLED CHEESE SANDS
TOMATOES
PEAS
CHERRY STRUEDEL BITES
MILK

17 BIRTHDAY PARTY
HONEY GARLIC PORK CHOPS
MASHED POTATOES W/ GRAVY
MIXED VEGYS
CAKE W/ICE CREAM
BREAD/MARG
MILK



18
TACO SALAD W/MEAT ,LETTUCE,
TOMATO, ONIONS & SOUR
CREAM, SALSA
CORN
FRUIT COCKTAIL
BREAD/MARG
MILK



BIRTHDAYS
DIANA KREIKEMEIER -- 2ND
LINDA MERRYWEATHER -- 6TH
DICK SATORIE -- 9TH
GEORGIA VYLIDAHN -- 18TH
LONETTA KNUTSON -- 19TH



21
CREAMED HAMBURGER
OVER MASHED POTATOES
CORN
FRUIT COCKTAIL
BREAD/MARG
MILK

22
SWEDISH MEATBALLS W/
PARMESAN PASTA
MIXED VEGT
VEGT SALAD
CARMEL PEARS W/ ICE CREAM
BREAD/MARG
MILK

23
SWEET & SOUR PORK OVER RICE
GREEN BEANS
LETTUCE SALAD
APPLES CRISP
MILK



24
CHILI
STEAK FRIES
BROCCOLI SALAD
FRUIT COCKTAIL
CINNAMON ROLLS
MILK

25
PHILLY CHEESE STEAK
SLOPPY JOES ON BUN
STEAK FRIES
COLE SLAW
FRUITED PUDDING
MILK



28
HAWAIIAN BBQ CHIX
BAKED POTATOES
MIXED VEGT
PEACHES
BREAD/MARG
MILK



29
ONION SOUP
BREADED PORK TENDERLOIN
SAND GREEN
BEANS PEARS
PUDDING
MILK

FRENCH

30
CREAMED CHIX OVER
BISQUITS
CARROTS
PEA SALAD
APPLESAUCE
MILK

31
BAKED HAM
MASHED SWEET POTATOES
PEAS
BROWNIES
PEACHES
BREAD/MARG
MILK



SPONSORED BY THE EASTERN NEBRASKA OFFICE ON AGEING

