

**SEPTEMBER DELI
DELI MENU**

Eastern Nebraska Office on Aging

ALL MENUS ARE SUBJECT TO CHANGE

Monday 9/1/2025	Tuesday 9/2/2025	Wednesday 9/3/2025	Thursday 9/4/2025	Friday 9/5/2025
Labor Day Senior Centers are Closed 	Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Coleslaw Mandarin Oranges 1% or Skim Milk	Tuna Salad on Croissant w/ Lettuce & Tomato Pea Salad Macadamia Nut Cookie or Diet Cookies 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Apple Juice WG Breadstick Vanilla Pudding or Diet Pudding 1% or Skim Milk	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Potato Salad Pineapple Tidbits 1% or Skim Milk
Monday 9/8/2025	Tuesday 9/9/2025	Wednesday 9/10/2025	Thursday 9/11/2025	Friday 9/12/2025
Egg Salad on Vienna Bread w/ Lettuce & Tomato Coleslaw Cinnamon Apples 1% or Skim Milk	Chicken Philly Cheesesteak Salad Chicken, Peppers Onions, Shred Cheese over Mixed Greens Salad 100% Grape Crackers(2pk) Fruit Cocktail 1% or Skim Milk	Ham Salad on WG Bread w/ Lettuce & Tomato Coleslaw Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Mandarin Oranges 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Fudge Round or Diet Cookies 1% or Skim Milk
Monday 9/15/2025	Tuesday 9/16/2025	Wednesday 9/17/2025	Thursday 9/18/2025	Friday 9/19/2025
Ham & American on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Apricot Halves 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Apple Juice Peaches & Strawberries 1% or Skim Milk	Turkey & Swiss on WG Bread with Lettuce & Tomato Three Bean Salad Mandarin Oranges 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Butterscotch Pudding Day Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk
Monday 9/22/2025	Tuesday 9/23/2025	Wednesday 9/24/2025	Thursday 9/25/2025	Friday 9/26/2025
Ham Salad on Marble Bread w/ Lettuce & Tomato Cowboy Caviar Fruit Cocktail 1% or Skim Milk	Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Coleslaw Mandarin Oranges 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers(2pk) 100% Apple Juice Strawberries & Pears 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Apple Juice WG Breadstick Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Three Bean Salad Strawberry Applesauce 1% or Skim Milk
Monday 9/29/2025	Tuesday 9/30/2025			
Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Coleslaw Strawberries & Peaches 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Cinnamon Apples 1% or Skim Milk			

****These meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, and sesame seeds****

Allison S. Adrian

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