



Personal Care

In-Home Bathing Assistance **Services**



Serving

Cass, Dodge, Douglas,
Sarpy and Washington
counties



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Eastern Nebraska
Office on Aging

4780 South 131st Street • Omaha, NE 68137

402-444-6536 • Toll Free: 1-888-554-2711

Fax: 402-444-6503

enoa.org

The Eastern Nebraska Office on Aging (ENOA) recognizes the need for personal care assistance, when this service can mean the difference between living at home or moving to a care facility.

ENOA contracts with licensed Home Health Care Agencies for the provision of personal care services in the privacy of an older individual's home.

The program is designed for those individuals who are unable to safely manage their own personal care/bathing without assistance.

ENOA's Care Management assessment identifies individuals needing personal care services.

Program Guidelines

- All individuals referred must be 60 years of age or older.
- An ENOA Care Manager will determine eligibility and frequency of Personal Care Aide visits.
- Individual has no other caregiver available.
- Individual cannot be receiving personal care services from any other source while on ENOA's Personal Care Services.
- The cost of the service is a contribution based on a sliding fee scale according to your monthly income. You never give money to the provider; tipping is not allowed

What a Personal Care Aide can do!

- Services will be based on each individual's needs.
- The duties may include:
 - Bathing supervision or assistance with tub or shower
 - Bed bath if necessary
 - Shampoo
 - Nail cleaning and filing
 - Bed linen change
 - Incontinence care

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Contact the Eastern Nebraska Office on Aging for full details at 402-444-6536.