

PLATTSMOUTH SENIOR
NUTRITION CENTER
308 S.18TH ST
PLATTSMOUTH,NE 68048



AUGUST 2026

PLEASE CALL BEFORE 9:30AM
FOR RESERVATIONS OR
CANCELLATIONS OF MEALS
THANK YOU.402-296-5800 EXT 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEALS SERVED 2% MILK & BREAD MENUS SUBJECT TO CHANGE DUE AVAILIBLITY						
	3 TOMATO SOUP W/ CRACKERS GRILLED CHEESE FRUIT DESSERT	4 CREAMED CHICKEN MASHED POTATOES PEAS & CARROTS COOKIE FRUIT	5 MEATLOAF MASHED/GRAVY MIXED VEGGIES FRUIT DESSERT	6 BBQ PORK ON BUN POTATOE SALAD 3 BEAN SALAD FRUIT DESSERT	7 FISH FRIES COLESLAW FRUIT	
	10 SWEET ITALIAN SAUSAGE SPAGHETTI W/ SAUCE MIXED VEGGIES FRUIT / DESSERT	11 HOMEMADE BEEF ENCHALADAS RICE REFRIED BEANS COOKIE / FRUIT	12 BEEF STEW POTATOES, CARROTS,ONIONS BISCUIT FRUIT / DESSERT	13 BAKED CHICKEN BREAST MACARONI & CHEESE BROCCOLI, CAULIFLOW- ER, CARROTS FRUIT/DESSERT	14 CHICKEN STRIPS FRENCH FRIES COLESLAW FRUIT	
	17 TATOR-TOT CASSEROLE HAMBURGER GREEN BEANS GALIC BREAD FRUIT/DESSERT	18 SWEET N SOUR CHICKEN RICE STIR-FRY VEGGIESW EGGROLL FRUIT/ COOKIE	19 PORCUPINE MEATBALLS AUGRATIN POTATOES GREEN BEANS FRUIT DESSERT	20 PHILLY STEAK/BUN ONIONS, PEPPERS, CHEESE SWEET POTATOE FRIES FRUIT / DESSERT	21 SLOPPY JOE/BUN MACARONI SALAD CHIPS FRUIT	
	24 BBQ MCRIB/BUN PICKLEED ONIONS FRENCH FRIES FRUIT DESSERT	25 TACO SALAD HAMBURGER. LETTUCE, CHEESE, ONION, SOUR CREAM, SALSA FRUIT/COOKIE	26 HAMBURGER STEAK MASHED POTATOES GRAVY CORN FRUIT DESSERT	27 LIVER & ONIONS MASHED/GRAVY MIXED VEGGIES FRUIT DESSERT	28 CHEESBURGER/BUN TONATO, PICKLE, ONION FRENCH FRIES FRUIT	
	31 BROCCOLI CHEESE SOUP, TURKEY CHEESE SANDWICH- LETTUCE, TOMATO FRUIT/DESSERT					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEALS SERVED WITH 2% MILK AND BREAD. MEALS SUBJECT TO CHANGE DUE TO AVAILABILITY	3 COMMUNITY CARDS 5:30-PLAY CARDS MAKE SURE TO SIGN UP	4 9AM- EXERCISE IN GYM 12:30PM-PINOCHLE	5 10AM-NOON HEARING CLINIC IN NURSES OFFICE 12:30PM-10 PT PITCH	6 9AM- EXERCISE IN GYM 10:30AM- BINGO PLEASE CALL IN BY 9:30AM FOR LUNCH	7 10:30AM- 1st FRIDAY 10 PT PITCH CARD CLUB	
	10	11 9AM- EXERCISE IN GYM 12:30PM--PINOCHLE	12 12:30PM- 10 PT PITCH	13 9AM- EXERCISE IN GYM	14 10:30AM- 2ND FRIDAY 10 PT PITCH CARD CLUB	
	17 10AM- 3RD MONDAY DD PINOCHLE CLUB	18 9AM- EXERCISE IN GYM 12:30PM-PINOCHLE	19 12:30PM- 10 PT PITCH	20 9AM- EXERCISE IN GYM 12:30 - 3RD THURS. SINGLE DECK PINOCHLE CLUB	21 10:30- 3RD FRIDAY 10 PT PITCH CARD CLUB	
	24	25 9AM- EXERCISE IN GYM 12:30PM-PINOCHLE	26 12:30PM- 10 PT PITCH	27 9AM- EXERCISE IN GYM 9:30 AM- 4th THURS. DD PINOCHLE CLUB	28 10:30AM-4TH FRIDAY 10 PT PITCH CARD CLUB	
	31 11AM BUNCO PLEASE CALL IN FOR LUNCH					

