Intercultural SENIOR CENTER

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	Remember to call before 9:30 to reserve your lunch 402-444-6529			Meals From ENOA
5	6	7	8	9
Meals from ENOA	Meals from ENOA	Meals from ENOA	Meals from ENOA	Meals from ENOA
12		14	15	16
Cheeseburger	Al Pastor Tacos	Shrimp Alfredo Fetucini	Vegetable Soup	Baked Pork Chop
w/ Lettuce, Tomatoe & Onion	w/ Cilantro & Onion	Steamed Corn w/ Red Peppers	Garlic Steak Bites	Rice Pilaf
Tator Tots	Yellow Rice	Grapes	Green peas with butter	Pico de Gallo
Apple Slices	Steamed Corn	Garlic Bread	Pineapple	Grilled Squash
Skim Milk	Banana	Skim Milk	Skim Milk	Corn Tortilla
	Milk			Oatmeal Cookies
19	20	21	22	23
	Chicken Noodle Soup W/ Carrots & Celery	Orange Chicken	Loaded Cheesy Beef Nachos	Breaded Tilapia
	Garlic Bread Grilled Cheese	White Rice	w/Cilantro, Jalapeno & Onions	rice w/ veggie
	Cesar Salad	Bok Choy Stir-Fry	Corn in the cob	Green Salad
	Grapes	Sliced Apple	Refried Beans	Sliced Bread
	Skim Milk	Skim Milk	Melon	Strawberry
			Skim Milk	Skim Milk
26	27	28	29	30
Baked Chicken	Beef Soup	Pork Quesadillas	Spaghetti with Meatballs	Pepperoni Pizza
Baked potato w/ sour cream	w/ Corn, Carrot, Zucchini	Shredded Lettuce & Tomatoes	Corn Casserole	Cesar Salad
Garlic bread	Mexican Rice	w/ Sour Cream & Fresh Cheese	Green salad	Carrots
Watermelon	Caesar Salad/Drsg	Refried Beans	Garlic Bread	Strawberries
Skim Milk	Dinner Roll/Margarine	Melon	Pineapple	Skim Milk
	Mandarin Oranges	Skim Milk		
	Skim Milk			

PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood* Shellfish * Soy * Eggs * Milk * Wheat * Sesame.

Intercultural Senior Center (402) 444-6529
5545 Center Street Omaha, NE 68106
www.interculturalseniorcenter.org