

# When you need a little help around the home

The Homemaker Program provides light housekeeping services for older individuals who are physically unable to perform these tasks.

If you have questions about Homemaker services, please call the Eastern Nebraska Office on aging at 402-444-6536.















## Homemaker Services

Eastern Nebraska Office on Aging 4780 South 131st Street Omaha, Nebraska 68137

> 402-444-6536 enoa.org



### What a homemaker

- Carry out trash
- Change bed linens/make bed
- Clean the bathroom
- Clean the bedroom
- Clean range
- Clean & defrost refrigerator
- Dust
- Grocery shopping
- Ironing
- Laundry (home/laundromat)
- Mopping floor with mop
- Prepare food
- Vacuum
- Wash dishes/load & unload dishwasher
- Wash mirrors



#### • Who is eligible?

Clients may reside in any of our five counties and must be at least 60 years of age and must meet Care Management criteria.

#### How do I pay?

The cost of the service is a contribution based on a sliding fee scale according to your monthly income.

You never give money to the provider; tipping is not allowed.



#### All cleaning tools & supplies are provided by the client.

We encourage clients to speak to their homemaker providers about cleaning products that they would suggest you have on hand.

### Some suggested cleaning supplies include:

- Vacuum
- Broom and dust pan
- Mop (and bucket if necessary)
- · Glass cleaner
- All-purpose cleaning spray (disinfecting)
- Bathtub scrubbing product
- Toilet bowl cleaner and toilet brush
- Scrubbing sponges
- Paper towels/rags
- Duster
- Laundry soap
- · Dish soap/Dishwasher detergent
- Trash bags