

Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
 New Year's Day Senior Center Closed	Chicken Breast in Chicken Gravy Mashed Potatoes Corn Heavy Hearth Roll/Marg Mandarin Oranges 1% or Skim Milk	Roasted Pork Chop with Pineapple Mango Salsa Potato Medley Green Peas WG Dinner Roll/Marg Sugar Cookie or Diet Cookies 1% or Skim Milk	National Spaghetti Day WG Spaghetti in Meat Sauce Mixed Greens Side Salad Green Beans Italian Roll/Marg Pineapple Tidbits 1% or Skim Milk	BBQ Shredded Chicken Sandwich Potato Wedges Cheesy Broccoli WG Mini Coney Bun Fresh Pear 1% or Skim Milk
Monday 1/8/2024	 Tuesday 1/9/2024 	Wednesday 1/10/2024	Thursday 1/11/2024	Friday 1/12/2024
Beef Stew with Potatoes, Carrots & Peas Chuckwagon Corn Mini Buttermilk Biscuit/Marg Cinnamon Applesauce 1% or Skim Milk	National Apricot Day Breaded Chicken Sandwich on WG Hamburger Bun w/ Leaf Lettuce & Sliced Tomato Twice Baked Whipped Potatoes Mixed Vegetables Apricot Halves 1% or Skim Milk	Sliced Roasted Beef & Gravy Baked Potato/Sour Cream Diced Beets WG Breadstick/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Pork Fritter with Country Gravy Mashed Potatoes Peas & Carrots WG Dinner Roll/Marg Ambrosia Salad 1% or Skim Milk	Potato Crunch Fish Filet Diced Sweet Potatoes Zucchini & Tomatoes Pumpernickel Bread/Marg Tartar Sauce PC Fruit Cocktail 1% or Skim Milk
Monday 1/15/2024	Tuesday 1/16/2024	Wednesday 1/17/2024	Thursday 1/18/2024	Friday 1/19/2024
Martin Luther King Jr. Holiday  Senior Center Closed	Unstuffed Peppers Seasoned Ground Beef, Rice & Diced Peppers Cheesy Hashbrowns Carrot Coins WG Dinner Roll/Marg Pear Slices 1% or Skim Milk	Walking Chicken Taco! Shred Chicken, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Corn WG Nacho Doritos PC Sour Cream & Taco Sauce PCs Fresh Banana 1% or Skim Milk	Turkey Breast & Gravy Cornbread Stuffing Broccoli WG Dinner Roll/Marg Chocolate Chip Cookie or Diet Cookie 1% or Skim Milk	Salisbury Steak with Garlic Mushroom Gravy Whipped Potatoes Country Blend Vegetables Wheatberry Roll/Marg Strawberries & Mango 1% or Skim Milk
Monday 1/22/2024	Tuesday 1/23/2024	Wednesday 1/24/2024	Thursday 1/25/2024	Friday 1/26/2024
National Southern Food Day Oven Fried Chicken Breast with Country Gravy Diced Candied Sweet Potatoes Seasoned Spinach Mini Biscuit & Honey PC Mandarin Oranges 1% or Skim Milk	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin Strawberries & Peaches 1% or Skim Milk	Chunky Chicken Pot Pie over Mashed Potatoes Country Blend Vegetables WG Dinner Roll/Marg Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Meatballs in Brown Gravy Cheesy Mashed Potatoes Green Beans WG Breadstick/Marg Pineapple Tidbits 1% or Skim Milk	Cheeseburger on a Wheat Hamburger Bun w/ Leaf Lettuce, Tomato, Red Onions & Pickle Slices Potato Wedges Fudge Round or Diet Cookies 1% or Skim Milk
Monday 1/29/2024	Tuesday 1/30/2024	Wednesday 1/31/2024		
Chicken Breast with Sweet Chili Sauce Brown Rice Pilaf Zucchini & Tomatoes WG Dinner Roll/Marg Pineapple Tidbits 1% or Skim Milk	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Corn Fruit Cocktail 1% or Skim Milk	Ham & Northern Beans Winter Blend Vegetables Cornbread/Marg Cinnamon Apple Slices or Plain Apple Slices 1% or Skim Milk		

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