


# DIET MENU

## SEPTEMBER 2026

MENUS ARE SUBJECT TO CHANGE  
DUE TO AVAILABILITY

	<b>Tuesday 9/1/2026</b>	<b>Wednesday 9/2/2026</b>	<b>Thursday 9/3/2026</b>	<b>Friday 9/4/2026</b>
	H Potato Crusted Fish H Potato Medley H California Blend Veggies C WG Petite Roll/Marg C Pineapple Tidbits C Tartar Sauce 1% Milk	H Pork Chop in Apple Compote H 1/2 Baked Potato H Brussels Sprouts C WG Breadstick/Marg C Apricot Halves 1% Milk	H Meatloaf w/ Tomato Gravy H Mashed Potatoes H Mixed Vegetables C WG Dinner Roll/Marg C Fresh Pear 1% Milk	H Chicken Breast H Green Beans H Chuckwagon Corn C WG Hot Dog Bun C Peach Upside Down Cake OR Diet Pudding for Diabetics 1% Milk
<b>Monday 9/7/2026</b>	<b>Tuesday 9/8/2026</b>	<b>Wednesday 9/9/2026</b>	<b>Thursday 9/10/2026</b>	<b>Friday 9/11/2026</b>
 <p><b>LABOR DAY</b></p> <p><b>CLOSED</b></p>	H Sloppy Joe Sandwich H Mashed Potatoes H Broccoli C WG Hamburger Bun C Fudge Round OR Diet Cookie for Diabetics 1% Milk	H Meatballs in Gravy H Mashed Potatoes H Green Beans C WG Bread Slice/Marg C Plain Cake Square 1% Milk	H Chicken Breast in Gravy H Spanish Rice H Peas & Carrots C WG Dinner Roll/Marg C Mandarin Oranges 1% Milk	H All Beef Hot Dog H Diced Potatoes H Cinnamon Applesauce C WG Hot Dog Bun 1% Milk
<b>Monday 9/14/2026</b>	<b>Tuesday 9/15/2026</b>	<b>Wednesday 9/16/2026</b>	<b>Thursday 9/17/2026</b>	<b>Friday 9/18/2026</b>
H Salisbury Steak in Gravy H Cheesy Mashed Potatoes H Peas & Carrots C WG Bread Slice/Marg C Mandarin Organges 1% Milk	H Chicken Philly Sandwich H Sweet Potato Wedges H California Blend Veggies C WG Mini Hoagie Bun C Strawberries & Peaches OR Peaches for Diabetics 1% Milk	H Meatballs in Gravy H Brown Rice H Peas & Carrots C Cinn. Raisin Bread/Marg C Pineapple & Mandarins 1% Milk	H Chicken Marsala H Diced Sweet Potatoes H Zucchini & Tomatoes C WG Dinner Roll/Marg C Fresh Granny Smith Apple 1% Milk	H Hamburger Patty H Potato Wedges H Broccoli C Lettuce & Tomato C WG Hamburger Bun C Oatmeal Cream Pie 1% Milk
<b>Monday 9/21/2026</b>	<b>Tuesday 9/22/2026</b>	<b>Wednesday 9/23/2026</b>	<b>Thursday 9/24/2026</b>	<b>Friday 9/25/2026</b>
H Oven Fried Chicken in Country Gravy H Mashed Potatoes H Country Blend Veggies C WG Breadstick/Marg C Fruit Cocktail 1% Milk	H Pulled Pork Sandwich H Diced Potatoes H Broccoli C WG Hamburger Bun C White Choc. Pudding OR Diet Pudding for Diabetics 1% Milk	H Sliced Turkey & Gravy H Mashed Potatoes H Coin Carrots C WG Dinner Roll/Marg C Tropical Fruit Mix 1% Milk	H Meatballs in Marinara H Diced Potatoes H Sliced Peaches C WG Breadstick/Marg C Mixed Greens Side Salad C Dressing PC 1% Milk	H Western Omelet with Cheese Sauce H Potatoes O'Brien H Strawberry Applesauce C Iced Donut OR Diet Cookie for Diabetics 1% Milk
<b>Monday 9/28/2026</b>	<b>Tuesday 9/29/2026</b>	<b>Wednesday 9/30/2026</b>	<p><b>Please call our office by 9am to cancel your meal for the day!</b></p>	
H Chicken Marinara Pasta Casserole H Broccoli H Cauliflower C WG Breadstick/Marg C Nutty Buddy Stick 1% Milk	H Chicken Breast in Gravy H Diced Sweet Potatoes H California Blend Veggies C WG Bread Slice/Marg C Coffee Whip Dessert OR Diet Pudding for Diabetics 1% Milk	H 10 Grain Fish H Twice Baked Mash Potatoes H Green Beans C WG Dinner Roll/Marg C Fresh Orange C Tartar Sauce PC 1% Milk		

\*\*These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds\*\*