

JULY DELI 2025
DELI MENU

Eastern Nebraska Office on Aging

ALL MENUS ARE SUBJECT TO CHANGE

	Tuesday 7/1/2025	Wednesday 7/2/2025	Thursday 7/3/2025	Friday 7/4/2025
	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Tropical Fruit Mix 1% or Skim Milk	Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk	Roast Beef & Cheddar with Leaf Lettuce & Tomato on Vienna Bread Carrot Raisin Salad Apple Cobbler or Diet Pudding 1% or Skim Milk	Independence Day Senior Centers are Closed 
Monday 7/7/2025	Tuesday 7/8/2025	Wednesday 7/9/2025	Thursday 7/10/2025	Friday 7/11/2025
Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese on Vienna Bread Coleslaw Fresh Apple 1% or Skim Milk	Egg Salad Sandwich on Croissant w/ Leaf Lettuce & Tomato Potato Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Swiss on on WG Bun w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Three Bean Salad Mandarin Oranges 1% or Skim Milk	Ham Salad on Rye Bread w/ Lettuce & Tomato Potato Salad Strawberries & Pineapple 1% or Skim Milk
Monday 7/14/2025	Tuesday 7/15/2025	Wednesday 7/16/2025	Thursday 7/17/2025	Friday 7/18/2025
Sliced Ham & American Cheese on Hamburger Bun w/ Lettuce & Tomato Carrot Raisin Salad Pineapple Tidbits 1% or Skim Milk	National Tapioca Day Tuna Salad on WG Bread w/ Lettuce & Tomato Pea Salad Tapioca Pudding or Diet Pudding 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch Juice WG Breadstick/Marg Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Strawberries & Pears 1% or Skim Milk	Chicken Fajita Salad Sliced Fajita Chicken with Peppers & Onions & Corn over Mixed Greens Salad w/ Southwest Ranch Dressing Tortilla Strips Sliced Peaches 1% or Skim Milk
Monday 7/21/2025	Tuesday 7/22/2025	Wednesday 7/23/2025	Thursday 7/24/2025	Friday 7/25/2025
Turkey & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Mandarin Oranges 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Strawberries & Pineapple 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Lemon Pudding or Diet Pudding 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice Crackers(2pk) Fresh Apple 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Apple Juice WG Breadstick Fruit Cocktail 1% or Skim Milk
Monday 7/28/2025	Tuesday 7/29/2025	Wednesday 7/30/2025	Thursday 7/31/2025	
Ham & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Apricot Halves 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Fruit Punch Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch Juice WG Breadstick Fresh Orange 1% or Skim Milk	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Potato Salad Strawberry Applesauce 1% or Skim Milk	

These meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, and sesame seeds

Allison S. Adrian

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