

July Facts At-a-Glance		Wednesday 7/1/2026
<p>When: Seventh month of the Gregorian calendar Days: 31 Birthstone: Ruby Flower: Larkspur and Water Lily Zodiac Signs: Cancer (Jun 21 – Jul 22), Leo (Jul 23 – Aug 22) Season: Summer in Northern Hemisphere, Winter in Southern Hemisphere Notable Holidays: Independence Day (US, July 4), Bastille Day (France, July 14)</p>		<p>Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk</p>
Monday 7/6/2026	Tuesday 7/7/2026	Wednesday 7/8/2026
<p>Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Pepperoncini on Vienna Bread Coleslaw Cinnamon Pears 1% or Skim Milk</p>	<p>Egg Salad Sandwich on Croissant w/ Leaf Lettuce & Tomato Potato Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk</p>	<p>Roast Beef & Swiss on on WG Bun w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk</p>
Monday 7/13/2026	Tuesday 7/14/2026	Wednesday 7/15/2026
<p>Sliced Ham & American Cheese on Hamburger Bun w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk</p>	<p>Tuna Salad on WG Bread w/ Lettuce & Tomato Pea Salad Diet Fruited Jell-O 1% or Skim Milk</p>	<p>Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch Juice WG Breadstick/Marg Snickerdoodle Cookie or Diet Cookies 1% or Skim Milk</p>
Monday 7/20/2026	Tuesday 7/21/2026	Wednesday 7/22/2026
<p>Turkey & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Mandarin Oranges 1% or Skim Milk</p>	<p>Chicken Caesar Salad w/ Caesar Dressing & Croutons over Mixed Greens Salad 100% Grape Juice Strawberries & Pineapple 1% or Skim Milk</p>	<p>Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Chocolate Pudding or Diet Pudding 1% or Skim Milk</p>
Monday 7/27/2026	Tuesday 7/28/2026	Wednesday 7/29/2026
<p>Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Potato Salad Strawberry Applesauce 1% or Skim Milk</p>	<p>Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Fruit Punch Apricot Halves 1% or Skim Milk</p>	<p>Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch Juice WG Breadstick Fresh Orange 1% or Skim Milk</p>