## **EASTERN NEBRASKA OFFICE ON AGING**

Monday	Tuesday	Wednesday	Thursday	Friday
11/3/2025	11/4/2025	11/5/2025	11/6/2025	11/7/2025
Sliced Ham & Amer. Cheese	Black & Bleu Salad	Turkey & Cheddar	Classic Chef Salad	Italian Sandwich
on Vienna Bread	Roast Beef, Blue Cheese	on Vienna Bread	Ham, Turkey, Diced Egg	Turkey, Ham, Pepperoni
w/ Lettuce & Tomato	Sliced Red Onions	w/ Leaf Lettuce & Tomato	Amer Cheese & Grape Tomatoes	Swiss American Cheese,
Pea Salad	Mixed Greens Salad	Steakhouse Potato Salad	100% Fruit Punch	Red Onions, Peperoncinis
Fudge Round	Crackers & 100% Apple Juice	Pineapple & Strawberries	WG Breadstick/Marg	on Vienna Bread
or Diet Cookies	Sliced Pears	1% or Skim Milk	Diced Peaches	Coleslaw
1% or Skim Milk	1% or Skim Milk		1% or Skim Milk	M&M Cookie or Diet Cookie
		<b>₩</b>		1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/10/2025	11/11/2025	11/12/2025	11/13/2025	11/14/2025
Fajita Chicken Salad	Veteran's Day	BLT Supreme Salad	Roast Beef & Swiss	Ham Salad on
with Corn, Peppers &		Diced Turkey, Chopped Bacon	on Honey Wheat Bread	Marble Bread
Onions over Mixed	No Meals	Diced Tomato & Shred Cheese	w/ Lettuce & Tomato	w/ Lettuce & Tomato
Greens Salad and		over Mixed Greens Salad	Potato Salad	Pea Salad
Southwest Ranch Dressing	**************************************	Crackers(2pks)	Sliced Peaches	Ooey Gooey Cake
Crackers(2pk)	***THANK YOU***	100% Grape Juice	1% or Skim Milk	or Applesauce
Fresh Orange	VETERANS	Decorated or Plain Cake	z	1% or Skim Milk
1% or Skim Milk	Honoring all who served!	1% or Skim Milk	7	
Monday	Tuesday	Wednesday	Thursday	Friday
11/17/2025	11/18/2025	11/19/2025	11/20/2025	11/21/2025
Turkey & Amer Cheese	Chicken Caesar Salad	Egg Salad on	Peanut Butter Fudge Day	Chicken Salad on
on WG Bread	w/ Caesar Dressing &	Croissant	Classic Chef Salad	Cinnamon Raisin Bread
w/ Lettuce & Tomato	Croutons	w/ Lettuce & Tomato	Ham, Turkey, Diced Egg	w/ Leaf Lettuce & Tomato
Broccoli Salad	over Mixed Greens Salad	Coleslaw	Amer Cheese & Grape Tomatoes	Broccoli Salad
Strawberry Yogurt Cup	100% Grape Juice	Strawberries & Mandarins	over Mixed Greens Salad	Fresh Apple
or Diet Pudding	Pineapple Tidbits	1% or Skim Milk	Fruit Punch Cup/Breadstick	1% Milk or Skim
1% or Skim Milk	1% or Skim Milk	(' )	Nutty Buddy or Diet Cookie	
			1% or Skim Milk	
Monday	Tuesday	Wednesday	Thursday	Friday
11/24/2025	11/25/2025	11/26/2025	11/27/2025	11/28/2025
Ham & Swiss on	Crab Salad on	Roast Beef Chef Salad	Thanksgiving	Thanksgiving
Vienna Bread	Mini Hoagie Bun	Roast Beef, Diced Egg	Day	Day
w/ Lettuce & Tomato	w/ Lettuce & Tomato	Amer. Cheese & Grape Tomatoes		
Coleslaw	Potato Salad	over Mixed Greens Salad	No Meals	No Meals
Sliced Peaches	Fresh Orange	100% Fruit Punch	THE WALL	- THERE
1% or Skim Milk	1% or Skim Milk	Crackers(2pk)	Happy	Happy
	4	Pumpkin Pie & Whip Topping	Thanksgiving	Thanksgiving
<b>₹</b> 7)		or Diet Pudding		
	ति	1% or Skim Milk	***(	***(
** These mode may contain the following allegancy Despute Tree Nute Seefand Shallfish Say Eggs Milk Wheet and Seegan Sanda**				

<sup>\*\*</sup> These meals may contain the following allergens: Peanuts, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds\*\*

Why does Daylight Saving Time change at 2 a.m.? FUN FACT! There were no trains (Amtrak or Railroad) leaving the station at 2 a.m. on Sundays in New York City when Daylight Saving Time was established.