

MAY CONG

ENOA Congregate Menu 2025

ALL MENUS ARE SUBJECT TO CHANGE

Reservations must be placed center at least 24 hours before meal service.

 <p>A dry May and a leaking June Make the farmer whistle a merry tune.</p> <p>A snowstorm in May Is worth a wagonload of hay.</p> <p>Among the changing months, May stands confessed The sweetest, and in fairest colors dressed! -James Thomson, Scottish poet (1700-48)</p>			<p>Thursday 5/1/2025</p> <p>Mild Italian Sausage in Marinara Sauce Pepper & Onion Mix Mixed Greens Salad/Dress PC Hoagie Bun Cinnamon Applesauce 1% or Skim Milk</p>	<p>Friday 5/2/2025</p> <p>Chicken Marsala Sweet Potato Wedges Zucchini & Tomatoes WG Dinner Roll/Marg Moon Pie or Diet Cookies 1% or Skim Milk</p>
			<p>Monday 5/5/2025</p> <p>Cinco de Mayo!! Beef & Cheese Nachos Cheese Sauce Fiesta Pinto Beans WG Tostitos Scoops PC Rice Pudding or Diet Pudding 1% or Skim Milk</p>	<p>Tuesday 5/6/2025</p> <p>Oven Fried Chicken Breast w/ Country Gravy Mashed Potatoes Corn Vienna Bread Slice/Marg Apricot Halves 1% or Skim Milk</p>
<p>Monday 5/12/2025</p> <p>Turkey Tetrazzini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches 1% or Skim Milk</p>	<p>Tuesday 5/13/2025</p> <p>Nat. Fruit Cocktail Day Potato Crunch Fish Filet Tartar Sauce PC Augratin Potatoes Broccoli WG Dinner Roll/Marg Fruit Cocktail 1% or Skim Milk</p>	<p>Wednesday 5/14/2025</p> <p>Nat. Buttermilk Biscuit Day Pot Roast Sweet Potato Wedges Honey Glazed Carrots Buttermilk Biscuit/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk</p>	<p>Thursday 5/15/2025</p> <p>Sweet & Sour Chicken Breast Brown Rice Pilaf Winter Blend Vegetables Cinnamon Raisin Bread/Marg Pineapple Tidbits 1% or Skim Milk</p>	<p>Friday 5/16/2025</p> <p>Pork Chop in Gravy Stuffing Brussels Sprouts WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk</p>
<p>Monday 5/19/2025</p> <p>Chunky Chicken Pot Pie over Mashed Potatoes Brussels Sprouts WG Bread Slice/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk</p>	<p>Tuesday 5/20/2025</p> <p>Nat. Strawberries Day Chili Cheese Dog Shredded Cheese Diced Potatoes Chuckwagon Corn WG Hot Dog Bun Strawberries & Peaches 1% or Skim Milk</p>	<p>Wednesday 5/21/2025</p> <p>Ham & Beans Peas & Carrots Cornbread/Marg Honey PC Pineapple Tidbits 1% or Skim Milk</p>	<p>Thursday 5/22/2025</p> <p>Turkey Roast in Gravy Baked Potato/Sour Cream PC Winter Blend Vegetables WG Dinner Roll/Marg Cinnamon Applesauce 1% or Skim Milk</p>	<p>Friday 5/23/2025</p> <p>Sloppy Joe Sandwich on WG Hamburger Bun Cheesy Mashed Potatoes Mixed Vegetables Sliced Pears 1% or Skim Milk</p>
<p>Monday 5/26/2025</p> <p>Memorial Day Senior Center is Closed</p> 	<p>Tuesday 5/27/2025</p> <p>Chicken Spaghetti with WG Pasta Casserole Green Beans Zucchini & Tomatoes WG Dinner Roll/Marg Fruit Cocktail 1% or Skim Milk</p>	<p>Wednesday 5/28/2025</p> <p>Meatballs in Brown Gravy Peas Diced Beets WG Dinner Roll/Marg Apricot Halves 1% or Skim Milk</p>	<p>Thursday 5/29/2025</p> <p>BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Coney Bun Strawberries & Mango 1% or Skim Milk</p>	<p>Friday 5/30/2025</p> <p>Cheesy Chicken Breast Fiesta Rice California Blend Veggies WG Breadstick/Marg WG Confetti Cookie or Diet Cookies 1% or Skim Milk</p>

These Meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, sesame seeds

Ellison S. Adrian ~ Division Director of Nutrition ~ ENOA