

Monday 1/27/2025	Tuesday 1/28/2025	Wednesday 1/29/2025	Thursday 1/30/2025	Friday 1/31/2025
<b>CONGREGATE HOT MENU</b>				
Chicken Breast with Cheesy Broccoli Sauce Brown Rice Pilaf Zucchini & Tomatoes WG Dinner Roll/Marg Pineapple Tidbits 1% or Skim Milk	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Corn Fruit Cocktail 1% or Skim Milk	Ham & Northern Beans Winter Blend Vegetables Cornbread/Marg Cinnamon Apple Slices or Plain Apple Slices 1% or Skim Milk	Roasted Pork Chop with Pineapple Mango Salsa Mashed Potatoes Green Beans Wheatberry Roll/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Pot Roast in Brown Gravy Garlic Diced Reds Honey Glazed Carrots Mini Buttermilk Biscuit/Marg Strawberries & Pears 1% or Skim Milk
<b>CONGREGATE DELI MENU</b>				
Creamy Crab Salad on Croissant w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% Milk	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Fruit Cocktail 1% or Skim Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Cinnamon or Plain Apple Slices 1% or Skim Milk	Turkey & Cheddar on WG Bread Leaf Lettuce & Slice Tomato Coleslaw Oatmeal Cream Pie or Diet Cookie 1% or Skim Milk **UPDATED**	Egg Salad on Croissant w/ Lettuce & Tomato Three Bean Salad Strawberries & Pears 1% or Skim Milk
<b>CONGREGATE GRAB AND GO MENU</b>				
H Chicken Breast with Cheesy Broccoli Sauce H Brown Rice Pilaf H Zucchini & Tomatoes C WG Dinner Roll/Marg C Pineapple Tidbits 1% Milk	H Sloppy Joe Sandwich H Potato Wedges H Corn C WG Hamburger Bun C Fruit Cocktail 1% Milk	H Ham & Northern Beans H Winter Blend Veggies H Cinnamon Apple Slices C Cornbread/Marg 1% Milk	H Roasted Pork Chop with Pineapple Mango Salsa H Mashed Potatoes H Green Beans C Wheatberry Roll/Marg C Oatmeal Cream Pie 1% Milk	H Pot Roast in Brown Gravy H Garlic Diced Reds H Honey Glazed Carrots C Mini Biscuit/Marg C Strawberries & Pears 1% Milk
<b>**MENUS ARE SUBJECT TO CHANGE**</b>				
**These Meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, sesame seeds				