

MAY 2026 REGULAR MENU

EASTERN NEBRASKA OFFICE ON AGING
MEALS ON WHEELS

402-444-6766

Please call our office by 9am to cancel your meal for the day!



					Friday 5/1/2026
					H Chicken Marsala H Garlic Mashed Potatoes H Zucchini & Tomatoes C WG Dinner Roll/Marg C Banana Moon Pie 1% Milk
Monday 5/4/2026	Tuesday 5/5/2026	Wednesday 5/6/2026	Thursday 5/7/2026	Friday 5/8/2026	
H Oven Fried Chicken Breast w/ Country Gravy H Mashed Potatoes H Mixed Vegetables C Vienna Bread Slice/Marg C Apricot Halves 1% Milk	H Beef Taco Casserole w/ WG Rotini Pasta H Fiesta Pinto Beans H Fiesta Corn C WG Breadstick/Marg C Flan Pudding 1% Milk	H Hamburger Patty H Diced Carrots H Cinnamon Apples C WG Hamburger Bun C Leaf Lett & Sliced Tom 1% Milk	H Meatloaf in Tomato Gravy H Diced Baby Reds H California Vegetables C Heavy Hearth Roll/Marg C Fresh Pear 1% Milk	H Western Omelet in Cheese Sauce H Cheesy Hashbrowns H Strawberry Applesauce C WG Blueberry Muffin 1% Milk	
Monday 5/11/2026	Tuesday 5/12/2026	Wednesday 5/13/2026	Thursday 5/14/2026	Friday 5/15/2026	
H Turkey Tetrizzini with WG Pasta H Green Peas H Green Beans C WG Dinner Roll/Marg C Fruit Cocktail 1% Milk	H Potato Crunch Fish Filet H Au gratin Potatoes H Broccoli C WG Dinner Roll/Marg C Diced Peaches C Tartar Sauce PC 1% Milk	H Pot Roast H Mashed Potatoes H Honey Glazed Carrots C Buttermilk Biscuit/Marg C Plain Cake Square 1% Milk	H Sweet & Sour Chicken H Brown Rice Pilaf H Winter Blend Vegetables C Cinnamon Raisin Bread C Pineapple Tidbits 1% Milk	H Pork Chop in Gravy H Stuffing H Brussels Sprouts C WG Dinner Roll/Marg C Choc. Chip Cookie 1% Milk	
Monday 5/18/2026	Tuesday 5/19/2026	Wednesday 5/20/2026	Thursday 5/21/2026	Friday 5/22/2026	
H Chunky Chicken Pot Pie H Mashed Potatoes H California Blend Veggies C WG Bread Slice/Marg C Oatmeal Cream Pie 1% Milk	H Ham & Beans H Peas & Carrots H Cornbread C Marg/Honey PC C Fresh Orange 1% Milk	H Beef Hot Dog & Chili Sauce H Chuckwagon Corn H Diced Potatoes C Strawberries & Peaches C WG Hot Dog Bun 1% Milk	H Turkey Roast & Gravy H Cheesy Mashed Potatoes H Winter Blend Vegetables C WG Dinner Roll/Marg C Cinnamon Applesauce 1% Milk	H Sloppy Joe Sandwich H Au gratin Potatoes H Mixed Vegetables C WG Hamburger Bun C Sliced Pears 1% Milk	
Monday 5/25/2026	Tuesday 5/26/2026	Wednesday 5/27/2026	Thursday 5/28/2026	Friday 5/29/2026	
Memorial Day MOW CLOSED Frozen meal delivered 5/20 by reservation	H Mild Italian Sausage in Marinara Sauce H Green Beans H Zucchini & Tomatoes C WG Breadstick/Marg C Cherry Crisp 1% Milk	H Meatballs in Gravy H Mashed Potatoes H Diced Beets C WG Dinner Roll/Marg C Apricot Halves 1% Milk	H BBQ Pork Rib Patty H BBQ Baked Beans H Broccoli C WG Coney Bun C Diced Pears 1% Milk	H Chicken Breast with Jerusalem Sauce H Wild Rice H Californial Blend Veggies C WG Breadstikc/Marg C Strawberries & Mango 1% Milk	
These meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds					