



CELEBRATE OLDER  
NEBRASKANS

JOIN US FOR A MORNING  
OF FUN

LIFESTYLE EXPO

HEALTH INFORMATION

FOOD AND DRINK

WHISPERING ROOTS  
FARM STAND

SEPTEMBER 19, 2025

# **STEP OUT FOR SENIORS WALKATHON**



The Eastern Nebraska Office on Aging (ENOA) Nutrition Division and the City of Omaha Parks and Recreation are proud to sponsor this event.

The walkathon is a fundraiser to help update programming and services at the 19 senior centers in the Eastern Nebraska area. All ages are welcome at the walkathon.

Sign-in begins at 8:30am and the walk will start at 9:00am. There will also be a Lifestyle Exposition showcasing a wide variety of products and services.

**Whispering Roots** will have a Farm Stand and Farmer's Market vouchers will be accepted.

Register NOW \$5 per person/if pre-registered before September 19, 2025, \$10 day of walkathon.

Registration forms can be obtained at any senior center and at [enoa.org](http://enoa.org).



## BENSON PARK

7028 Military Avenue | Omaha, NE

**Friday, September 19, 2025**

**@ 9:00 am**

For more information Contact  
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