

**Eastern Nebraska Office on Aging
Deli Menu
August 2022**

Monday 8/1/2022	Tuesday 8/2/2022	Wednesday 8/3/2022	Thursday 8/4/2022	Friday 8/5/2022
BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) Vegetable Juice Sugar Cookie or Diet Cookies 1% or Skim Milk	Ham & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Diced Peaches 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch Juice WG Breadstick Applesauce 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Apple Juice Crackers(2pk) Butterscotch or Diet Pudding 1% or Skim Milk	Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Strawberries & Pineapple 1% or Skim Milk
Monday 8/8/2022	Tuesday 8/9/2022	Wednesday 8/10/2022	Thursday 8/11/2022	Friday 8/12/2022
Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Fresh Orange 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Cherry Vanilla Yogurt or Diet Pudding 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Fudge Round or Diet Cookies 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Mandarin Oranges 1% or Skim Milk
Monday 8/15/2022	Tuesday 8/16/2022	Wednesday 8/17/2022	Thursday 8/18/2022	Friday 8/19/2022
Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Broccoli Salad Oreo Cookies or Diet Cookies 1% or Skim Milk	Roast Beef & Swiss on Kaiser Bun w/ Lettuce & Tomato Three Bean Salad Tropical Fruit 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Sweet Potato Salad Applesauce 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Grape Juice Chocolate Chip or Diet Cookie 1% or Skim Milk	Ham Salad on Marble Bread w/ Lettuce & Tomato Cowboy Caviar Ambrosia Salad 1% or Skim Milk
Monday 8/22/2022	Tuesday 8/23/2022	Wednesday 8/24/2022	Thursday 8/25/2022	Friday 8/26/2022
Philly Cheesesteak Salad Roast Beef, Peppers, Onions, Shred Cheese over Mixed Greens Salad 100% Grape Crackers(2pk) Vanilla Pudding or Diet Pudding 1% or Skim Milk	Crab Salad on Croissant w/ Lettuce & Tomato Sweet Potato Salad Peaches & Strawberries 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Pineapple Tidbits 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Cinnamon Apple Slices or Plain Applesauce 1% or Skim Milk	Tukey Sandwich & Swiss on WG Bread w/ Lettuce & Tomato Marinated Vegetable Salad Strawberry Shortcake or Plain Cake Square 1% or Skim Milk
Monday 8/29/2022	Tuesday 8/30/2022	Wednesday 8/31/2022		
Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Sliced Pears 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg American & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch/Crackers Sugar Cookie or Diet Cookie 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Butterscotch or Diet Pudding 1% or Skim Milk		

Final 5/27/2022

*Salad dressing and Condiments available at senior centers

Menus Subject to Change