DIET MENU

NOVEMBER 2026

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday 11/2/2026	Tuesday 11/3/2026	Wednesday 11/4/2026	Thursday 11/5/2026	Friday 11/6/2026
Meatballs in Marinara Sauce Peppers & Onions Spiced Pears Coleslaw WG Hot Dog Bun 1% Milk	Oven Fried Chicken Breast w/Chicken Gravy Mashed Potatoes Diced Carrots WG Dinner Roll/Marg Diet Cookie 1% Milk	Hamburger Patty Fiesta Cheese Sauce Chuckwagon Corn Pico De Gallo WG Hamburger Bun Pineapple & Strawberries 1% Milk	Chicken Breast with Chicken Gravy Diced Sweet Potatoes Green Beans WG Breadstick/Marg Glazed Donut 1% Milk	Meatloaf in Tomato Gravy Mashed Potatoes Brussels Sprouts WG Breadstick/Marg Diced Peaches 1% Milk
Monday 11/9/2026	**Tuesday 11/10/2026**	**Wednesday 11/11/2026**	**Thursday 11/12/2026**	**Friday 11/13/2026**
Meatballs in Gravy Green Peas Diced Carrots WG Breadstick Fresh Orange 1% Milk	Beef Patty & Gravy Mashed Potatoes Green Beans WG Dinner Roll/Marg Plain Cake Square 1% Milk	**CLOSED** Meal by reservation	Chicken Breast in Gravy Brown Rice Pilaf Broccoli Hearth Roll/Marg Sliced Peaches 1% Milk	WG Breaded Fish Sand. Mashed Potatoes Green Beans WG Hamburger Bun Tartar Sauce PC Cream Filled Choc. Cupcake OR Diet Cookie for Diabetics 1% Milk
Monday 11/16/2026	**Tuesday 11/17/2026**	**Wednesday 11/18/2026**	**Thursday 11/19/2026**	**Friday 11/20/2026**
Swedish Meatballs Mashed Potatoes Green Beans WG Dinner Roll/Marg Strawberry Yogurt Cup OR Diet Pudding for Diabetics 1% Milk	Baked Ham Corn Cauliflower WG Dinner Roll/Marg Fresh Apple 1% Milk	Hamburger Patty with Cheddar Cheese Cheesy Hashbrowns Pineapple Tidbits Leaf Lett & Slice Tomato WG Hamburger Bun 1% Milk	Sweet & Sour Chicken Breast Brown Rice Pilaf Broccoli Cinn. Raisin Bread/Marg Strawberries & Mandarins OR Diced Pears for Diabetics 1% Milk	Beef & Bean Burrito w/ Cheesy Enchilada Sauce Brown Rice Mixed Vegetables WG Breadstick/Marg Nutty Buddy Stick 1% Milk
Monday 11/23/2026	**Tuesday 11/24/2026**	**Wednesday 11/25/2026**	**Thursday 11/26/2026**	**Friday 11/27/2026**
Potato Crunch Fish Filet Diced Sweet Potatoes Mediterranean Blend Veggies WG Dinner Roll/Marg Sliced Peaches Tartar Sauce PC 1% Milk	Jumbo Beef Hot Dog Corn Monterey Blend Veggies WG Hot Dog Bun Fresh Orange 1% Milk	Turkey Breast & Gravy Whipped Potatoes Green Beans WG Dinner Roll/Marg Diet Pudding 1% Milk	**CLOSED** Meal by reservation	
Monday 11/30/2026				
Meatballs in Gravy Peas Country Blend Veggies WG Dinner Roll/Marg Tropical Fruit Mix 1% Milk	**Please call our office by 9am to cancel your meal for the day!**			

****These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds****

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Meals Created by Company Kitchen
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