

EASTERN NEBRASKA SKILLED/LONG-TERM CARE FACILITIES

WHAT IS LONG-TERM CARE?

Long-term care is a range of services and supports you may need to meet your health or personal needs over a long period of time. Most long-term care is not medical care, but rather assistance with the basic personal tasks of everyday life, sometimes called “Activities of Daily Living,” such as:

- Bathing
- Dressing
- Using the toilet
- Transferring (to or from bed or chair)
- Caring for incontinence
- Eating

WHAT ARE NURSING HOMES?

Nursing homes, also called skilled nursing facilities (SNF), provide a range of services, including nursing care, 24-hour supervision, and assistance with Activities of Daily Living. They also offer rehabilitation services such as physical, occupational, and speech therapy. You may only need nursing home services for a short period of time for recovery or rehabilitation after a serious illness or operation. Or you may need longer stays because of chronic physical health problems or cognitive problems (e.g., memory loss) that make it necessary for you to have 24-hour care or supervision.

WHO NEEDS LONG-TERM CARE?

You need long-term care when you are not able to complete personal care or other daily activities on your own. This is most often the result of a chronic illness or disability. In some cases, the illness or disability may include memory loss, confusion, or disorientation, sometimes called cognitive impairment. This can be the result of conditions such as Alzheimer’s disease.

(*Source: National Clearinghouse, Long Term Care Information, Department of Health & Human Services)

QUESTIONS TO ASK WHEN TOURING A NURSING HOME

Touring nursing home facilities in person is an essential part of finding the right facility for your loved one. Many people recommend making multiple visits during your decision-making process. For your first visit, make an appointment with the admissions director to tour on a weekday. Late morning and midday hours are usually the best times to get a feeling for the day-to-day operations of a home.

Watch out for homes with bad smells, residents who are strapped into wheelchairs and staff who seem to ignore the residents. One of the most important things you can do is to talk to the residents and ask how they're doing. Above all, trust your instincts; first impressions matter.

WHAT TO ASK:

- As you visit the nursing home, be sure to ask the admissions director a lot of questions. Don't worry about taking up their time. Verify any information you were told over the phone.
- Is the facility non-profit or for-profit?
- What types of care do they offer?
- Is the facility certified by Medicaid and Medicare?
- What is the average length of stay?
- What are the qualifications of the staff in the therapy department?
- Ask what makes this nursing home different from others.
- Does the facility include family members in resident care plans?

- Ask for recent state inspection survey results. The report should be dated within the last 9 - 15 months.
- Compare the number of deficiencies cited to the state average.
- If the facility has received a citation in a particular service area, be sure to ask questions about this area.
- Beware of choosing a facility with a very high number of deficiencies compared to other facilities in the area and the state average. (Source: A Place for Mom)

SOURCES FOR NURSING HOME COMPARISONS:

<http://www.medicare.gov/NursingHomeCompare>

<http://projects.propublica.org/nursing-homes>

SELECTING A NURSING HOME CHECKLIST CAN BE FOUND AT:

<http://dhhs.ne.gov/medicaid/Documents/Selecting-A-Nursing-Home.pdf>

NEBRASKA LONG TERM CARE OMBUDSMAN PROGRAM

The Nebraska Long Term Care Ombudsman Program, a program of the Nebraska Department of Health and Human Services, is composed of staff and volunteers who advocate for and on behalf of individuals residing in nursing homes and assisted living facilities. Ombudsmen seek to resolve residents' concerns and improve their quality of care and quality of life. **EASTERN NEBRASKA OFFICE ON AGING OMBUDSMAN, call 402-561-2239.**

This list was compiled from the State of Nebraska's Roster of licensed Long-Term Care Facilities, Department of Health & Human Services. The Eastern Nebraska Office on Aging does not recommend any facility. This list is for informational purposes only.

CASS COUNTY

NYE SUMMIT LOUISVILLE
410 WEST 5TH STREET
LOUISVILLE, NE 68037
402-234-2125
ACCEPTS MEDICARE/MEDICAID

THE NEBRASKA MASONIC HOME
1300 AVENUE D
PLATTSMOUTH, NE 68048
402-296-7300
MEMORY SUPPORT UNIT

PRESTIGE CARE CENTER OF PLATTSMOUTH
602 SOUTH 18TH STREET
PLATTSMOUTH, NE 68048
402-296-2800
ACCEPTS MEDICARE/MEDICAID
MEMORY SUPPORT UNIT

DOUGLAS COUNTY

AMBASSADOR HEALTH of OMAHA
1540 NORTH 72ND STREET
OMAHA, NE 68114
402-393-6500
ACCEPTS MEDICARE/MEDICAID

BANYAN AT MONTCLAIR
2525 SOUTH 135TH AVENUE
OMAHA, NE 68144
402-333-2304
ACCEPTS MEDICARE/MEDICAID
MEMORY SUPPORT UNIT

ARBOR CARE CENTER VALHAVEN
300 WEST MEIGS STREET
VALLEY, NE 68064
402-359-2533
ACCEPTS MEDICARE/MEDICAID

DOUGLAS COUNTY CONTINUED

CYPRESS AT MIDTOWN
910 SOUTH 40TH STREET
OMAHA, NE 68105
402-342-2015

ACCEPTS MEDICARE/MEDICAID

BROOKESTONE MEADOWS REHABILITATION
AND CARE CENTER
600 BROOKESTONE MEADOWS PLAZA
ELKHORN, NE 68022
402-289-2696

ACCEPTS MEDICARE/MEDICAID

BROOKESTONE VILLAGE
4330 SOUTH 144TH STREET
OMAHA, NE 68137
402-614-4000

ACCEPTS MEDICARE/MEDICAID

MEMORY SUPPORT UNIT

DOUGLAS COUNTY HEALTH CENTER
4102 WOOLWORTH AVENUE
OMAHA, NE 68105
402-444-7041

ACCEPTS MEDICARE/MEDICAID

MEMORY SUPPORT UNIT

ACCOMMODATES BEHAVIORAL NEEDS

EMERALD NURSING & REHABILITATION OMAHA
5505 GROVER STREET
OMAHA, NE 68106
402-558-0225

ACCEPTS MEDICARE/MEDICAID

EMERALD NURSING & REHAB LEGACY POINT
3110 SCOTT CIRCLE
OMAHA, 68112
402-455-6636

ACCEPTS MEDICARE/MEDICAID

MEMORY SUPPORT UNIT

EMERALD NURSING & REHAB MERCY
7410 MERCY ROAD
OMAHA, NE 68124
402-397-1220

ACCEPTS MEDICARE/MEDICAID

FLORENCE HOME
7915 NORTH 30TH STREET
OMAHA, NE 68112
402-827-6000

ACCEPTS MEDICARE/MEDICAID

GOOD SAMARITAN SOCIETY MILLARD
12856 DEAUVILLE DRIVE
OMAHA, NE 68137
402-895-2266

ACCEPTS MEDICARE/MEDICAID

HILLCREST- MILLARD
13225 WESTWOOD LANE
OMAHA, NE 68144
531-365-3000

ACCEPTS MEDICARE/MEDICAID

KEYSTONE RIDGE SKILLED & REHAB
7501 KEYSTONE DRIVE
OMAHA, NE 68134
402-572-5750

ACCEPTS MEDICARE/MEDICAID

ACCOMMODATES BEHAVIORAL NEED

LIFE CARE CENTER OF ELKHORN
20275 HOPPER STREET
ELKHORN, NE 68022
402-289-2572

ACCEPTS MEDICARE/MEDICAID

LIFE CARE CENTER OF OMAHA
6032 VILLE DE SANTE DRIVE
OMAHA, NE 68104
402-571-6770

ACCEPTS MEDICARE/MEDICAID

MAPLE CREST CARE CENTER
2824 NORTH 66TH AVENUE
OMAHA, NE 68104
402-551-2110

ACCEPTS MEDICARE/MEDICAID

MEMORY SUPPORT UNIT

NEWPORT HOUSE
6798 NORTH 68TH PLAZA
OMAHA, NE 68152
402-572-2595

ACCEPTS MEDICARE/MEDICAID

OLD MILL REHABILITATION
1131 PAPILLION PARKWAY
OMAHA, NE 68154
402-934-7500

ACCEPTS MEDICARE/MEDICAID

DOUGLAS COUNTY CONTINUED

OMAHA NURSING & REHAB
4835 SOUTH 49th STREET
OMAHA, NE 68117
402-733-7200
ACCEPTS MEDICARE/MEDICAID

QUALITY LIVING INC
6404 NORTH 70th PLAZA
OMAHA, NE 68104
402-573-3700
ACCEPTS MEDICAID

ROSE BLUMKIN JEWISH HOME
323 SOUTH 132nd STREET
OMAHA, NE 68154
402-330-4272**ACCEPTS MEDICARE/MEDICAID**

ST JOSEPH VILLA NURSING CENTER
2305 SOUTH 10th STREET
OMAHA, NE 68108
402-345-5683
ACCEPTS MEDICARE/MEDICAID
MEMORY SUPPORT UNIT

THE LIGHTHOUSE AT LAKESIDE VILLAGE
17600 ARBOR STREET
OMAHA, NE 68130
402-717-0200
ACCEPTS MEDICARE/MEDICAID

DODGE COUNTY

DUNKLAU GARDENS
450 EAST 23rd STREET
FREMONT, NE 68025
402-721-1610
ACCEPTS MEDICARE/MEDICAID

NYE LEGACY HEALTH & REHAB CENTER
3210 CLARKSON
FREMONT, NE 68025
402-721-9300**ACCEPTS MEDICARE/MEDICAID**

NYE HEALTH & REHABILITATION CENTER
2700 LAVERNA STREET
FREMONT, NE 68025
402-727-4900
ACCEPTS MEDICARE/MEDICAID

SARPY COUNTY

EASTERN NEBRASKA VETERANS' HOME
12505 HARRISON TULL DR
BELLEVUE, NE 68123
402-595-2180
MEMORY SUPPORT UNIT

HILLCREST COUNTRY ESTATES
6082 GRAND LODGE AVENUE
PAPILLION, NE 68133
402-885-7000
ACCEPTS MEDICARE/MEDICAID

HILLCREST HEALTH & REHABILITATION
1702 HILLCREST DRIVE
BELLEVUE, NE 68005
402-291-8500
ACCEPTS MEDICARE/MEDICAID

HILLCREST SHADOW LAKE
1507 EAST GOLD COAST ROAD
PAPILLION, NE 68046
402-339-6010

ACCEPTS MEDICAID

BROOKSTONE OF PAPILLION
610 SOUTH POLK STREET
PAPILLION, NE 68046
402-339-7700
ACCEPTS MEDICARE/MEDICAID

THE WILLOWS at GRETNA (Formerly AZRIA HEALTH GRETNA)
700 HIGHWAY 6
GRETNA, NE 68028
402-332-3446
ACCEPTS MEDICARE/MEDICAID

WASHINGTON COUNTY

CROWELL MEMORIAL HOME
245 SOUTH 22ND STREET
BLAIR, NE 68008
402-426-2177
ACCEPTS MEDICARE/MEDICAID

GOOD SHEPHERD LUTHERAN HOME
2242 WRIGHT STREET
BLAIR, NE 68008
402-426-4663
ACCEPTS MEDICARE/MEDICAID

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