



September 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken & Cheese Pupusa	Beef Lo Mein Noodles	Baked Breaded Chicken Breast	Pork Chile Verde
	Cabbage Salad w/ Radishes	w/ Broccoli & Carrot	Mashed Potatoes w/ White Gravy	Spanish Rice
	Black Beans	Spinach Salad	Green Beans	Zucchini, Corn & Tomato Salad
	Mixed Fruit	Mixed Fruit	Apples	Pineapple
	Milk	Milk	Milk	Milk
7	8	9	10	11
	Mongolian Beef	Chicken Fajitas w/ Tortillas	Grilled Ham & Cheese Sandwich	Shrimp Fettuccine Alfredo
	w/ Broccoli, Green & Red Peppers	Bell Peppers, Tomato & Onion	Grilled Squash	Corn w/ Red Peppers
	Cooked Carrots	Mexican Rice	Mixed Fruit	Caesar Salad
	White Rice	Mandarin	Milk	Pineapple
	Mandarin	Milk		Milk
	Milk			
14	15	16	17	18
Beef Burrito w/ Beans	Sliced Turkey	Coconut Curry Fish	Chicken Stir-Fry	
Lettuce, Tomato & Sour Cream	Mashed Potatoes & Brown Gravy	Jasmine Rice	w/ Bell Peppers, Carrots & Zucchini	
Yellow Rice	Caesar Salad	Sautéed Mixed Veggies	Brown Rice	
Watermelon	Apples	Mixed Fruit	Mixed Fruit	
Milk	Milk	Milk	Milk	
21	22	23	24	25
Shrimp Fried Rice	Al Pastor (Pork) Tacos			
w/ Red Peppers & Carrots	w/ Cilantro, Onion & Corn Tortillas			
Broccoli Salad	Yellow Rice			
Mixed Fruit	Cooked Corn			
Milk	Banana			
	Milk			
28	29	30		
Cheeseburger	Pork & Refried Bean Tostada	Fish Tacos w/ Flour Tortillas		
w/ Lettuce, Tomato & Onion	Lettuce, Tomato & Sour Cream	Pico de Gallo		
Tater Tots	Corn Casserole	Yellow Rice		
Corn	Pineapple	Pineapple		
Milk	Milk	Milk		
PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood * Shellfish * Soy * Eggs * Milk * Wheat * Sesame.				
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