



**ENOA Diner's Choice Meal Program**  
**PARTICIPANT**

Revised April 2022

Thank you for participating in the ENOA Diner’s Choice Program! We are proud to be able to offer this program to the seniors in the Omaha, Papillion, Fremont and Plattsmouth areas. We hope you enjoy the ease of choosing a nutritious meal at a time that fits your daily schedule. If you have any questions at any time, please feel free to contact us at 402-444-6513.

**Contents**

Who Can Participate in the Diner’s Choice Program? ..... 3  
How Do I Get Diner’s Choice Meal Cards? ..... 3  
Where Do I Eat My Meals? ..... 6  
When Do I Eat My Meals? ..... 6  
What Type of Food Will I Receive? ..... 6  
Annual Update of Demographic Information ..... 7  
Nutrition Education ..... 7

## Who Can Participate in the Diner's Choice Program?

The Diner's Choice program is open to anyone 60 years of age or older, regardless of income.

The spouse (less than 60 years old) of someone 60 years of age or older who also participates in the Diner's Choice program.

An individual with disabilities who lives at home, is dependent on an individual over the age of 60 and participates with the older adult in the Diner's Choice program.

**Meal cards can only be used by the participant who contributed for the meal. Do not share the meal cards with other friends or family.**

A husband and wife must register separately for their own meal cards.

If you are receiving Meals on Wheels, you are not eligible for this program.

## How Do I Get Diner's Choice Meal Cards?

To participate in ENOA's Diner's Choice program you must first attend a registration session. All paperwork must be completed prior to receiving the meal cards.

The forms that must be filled out:

- Intake form-demographic information
- Order form-requesting how many meal cards

You will also receive:

- Reorder forms/with envelopes
- Menu
- Nutrition Education materials
- Magnet

A suggested contribution of \$ 5.00 is requested and will be collected at the time of registration or when additional meal cards are re-ordered. The full cost of the meal is \$10.00.

Meal cards may be requested in the amounts listed below. The table below is a guide for the suggested contribution based on the number of meal cards requested:

Number of Meal Cards	Suggested Contribution
2 meals	\$ 10.00
5 meals	\$ 25.00
10 meals	\$ 50.00
12 meals	\$ 60.00
15 meals	\$ 75.00
20 meals	\$100.00

Each participant may order up to twenty (20) meal cards per month. Meal cards do not expire. You can re-order meals every month by completing a re-order form. Please wait to reorder until you have 5 or less unused meal cards. Bring or mail your reorder request to the address listed below along with your contribution to:

ENOA Diner's Choice – Nutrition Division  
4780 S. 131<sup>st</sup> Street  
Omaha, NE 68137  
402-444-6513

Please make checks payable to: ENOA Diner's Choice

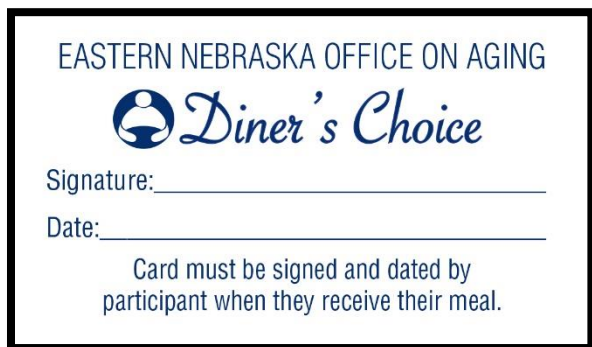
Any requests for additional meal cards may be made in person or sent by mail. Please call to set up a time if you plan to pick up the reordered cards at the ENOA office. If you drop in without an appointment you may not be able to get any meal cards. Each participant needs to pick up their own meal cards or have a proxy form completed if someone else is picking them up. Call the ENOA Nutrition office if you need a proxy form. ID will be required for anyone picking up the additional meal cards. If you mail in the reorder form, please make sure to include the completed form and your contribution for the meals.

The reorder form must be received at the ENOA office at the address listed above before any reordered cards will be sent. Once the order has been received, the appropriate number of meals cards will be issued and returned to you via United States Postal Service. Please allow 7-10 working days after receipt of reorder for the meal cards to be sent.

The Meal Card will be your “payment” at any Hy-Vee Grocery store located in Omaha, Papillion, Fremont and Plattsmouth. **You must sign and date the back of the card when you receive your meal.** You will not need to make any payments to Hy-Vee for the Diner’s Choice meal unless you order additional food not listed on the approved menu.



**FRONT OF CARD**



**BACK OF CARD**

Please keep in mind any lost meal cards will not be replaced and contributions made towards the cost of meals are non-refundable. In the instance you misplace your card, please notify ENOA Nutrition Division.

## Where Do I Eat My Meals?

The Meal Card will work at any Hy-Vee Grocery store located in Omaha, Papillion, Fremont and Plattsmouth. You are not allowed to use the card for a carry out meal. The meal must be eaten at the Hy-Vee location.

Diner's Choice is available at the following Hy-Vee stores in Omaha, Papillion, Fremont and Plattsmouth.

5150 Center Street, Omaha 68106  
14591 Stony Brook Blvd. 68144  
8809 W. Center Rd., Omaha 68124  
10808 Fort Street, Omaha 68164  
7910 Cass Street, Omaha 68114  
9707 "Q" Street, Omaha 68127  
747 N. 132<sup>nd</sup> Street, Omaha 68154  
17810 Welch Plaza, Omaha 68135  
3410 N. 156<sup>th</sup> Street, Omaha 68116  
1000 S. 178<sup>th</sup> Street, Omaha 68118  
11650 South 73<sup>rd</sup> Street, Papillion 68046  
840 E 23<sup>rd</sup> Street, Fremont 68025  
16418 Westside Drive, Plattsmouth 68048

## When Do I Eat My Meals?

You can choose breakfast, lunch, or dinner, seven (7) days a week from the Hy-Vee kitchen. Breakfast is served from 6am to 2:00pm and lunch and supper is served until 7pm every day. Please note that the kitchen may be closed during certain hours. The meal cards can only be used one time per day.

## What Type of Food Will I Receive?

You will get a meal that is 1/3 of the Dietary Guidelines for Americans. The menu is available in the packet provided. Please note that menus may change without notice based on availability. The portions are adjusted to

meet the nutritional requirements of the program and may differ from the standard portion provided to other Hy-Vee customers.

With the Diner's Choice meal, you will receive a serving of meat/protein, two servings of vegetables, one serving of fruit, a serving of bread or starch, and eight (8) ounces of milk, tea, or coffee. Any additional drinks, desserts or other food items are not provided with the Diner's Choice program. The cost for any extra items will your responsibility.

### **Annual Update of Demographic Information**

Once a year you will be required to complete an update intake form. They will be mailed out with a return addressed envelope. The completed form will need to be returned to the Nutrition Division.

### **Nutrition Education**

You will receive Nutrition Education materials during the registration process. Additional Nutrition Education materials will be sent on a quarterly basis.