



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Beef Enchiladas	Baked Chicken
			Shredded Lettuce & Tomato	Mashed Potatoes w/ Gravy
			Mexican Rice	Corn
			Mixed Fruit	Watermelon
			Milk	Milk
5	6	7	8	9
Baked Pork Loin	Pollo a la Crema	Salisbury Steak w/ Mushroom		Tomato Braised Beef
w/ Mushroom Gravy	w/ Red Peppers & Cooked Spinach	Mashed Potatoes w/ Gravy		Brown Rice
Brussel Sprouts	White Rice	Green Beans		Steamed Collard Greens
Cantaloupe	Mixed Fruit	Melon		Mixed Fruit
Milk	Milk	Milk		Milk
12	13	14	15	16
Shrimp Fried Rice	Al Pastor Street Tacos	Chicken Lo Mein	Fish & Chips	Shredded Chicken Burrito w/ Beans
w/ Red Peppers & Carrots	w/ Cilantro & Onion	w/ Bell Pepper, Onion, Cabbage, Carrot	w/ Breaded & Baked Fish	Lettuce, Tomato & Sour Cream
Broccoli Salad	Mexican Rice	Sautéed Broccoli	French Fries	Yellow Rice
Mixed Fruit	Corn	Apples	Coleslaw	Watermelon
Milk	Pineapple	Milk	Apples	Milk
	Milk		Milk	
19	20	21	22	23
Chicken Nachos	Spaghetti w/ Meatballs	Moroccan Chicken	Meatloaf	Pork and Cheese Pupusas
w/ Tortilla Chips, Shredded Chicken	Caesar Salad	Mashed Sweet Potatoes	Mashed Potatoes w/ Gravy	Cabbage Salad
Lettuce, Tomato & Cheese Sauce	Garlic Bread	Steamed Collard Greens	Corn Casserole	Refried Beans
Corn	Apples	Bananas & Strawberries	Ambrosia Salad	Pineapple
Mixed Fruit	Milk	Milk	Milk	Milk
Milk				
26	27	28	29	30
Chicken Bacon Ranch Wrap	Pepperoni Pizza	Beef Stir Fry	Chicken Tinga Tostada	Baked Breaded Chicken Breast
w/ Flour Tortilla	Caesar Salad	w/ Bell Peppers, Carrots & Zucchini	w/ Cilantro & Onion	Mashed Potatoes w/ White Gravy
California Blend Vegetables	Mixed Fruit	White Rice	Mexican Rice	Green Beans
Mixed Fruit	Milk	Mandarin	Zucchini, Corn & Tomato Salad	Apples
Milk		Milk	Pineapple	Milk
			Milk	

PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood * Shellfish * Soy * Eggs * Milk * Wheat * Sesame.

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